

Swim Team Families,

We are looking forward to another great season of swimming and fun! I hope you have enjoyed your break and have recharged your swimming batteries. A break is important to recover and to be refreshed for the upcoming season. The coaches recommend staying active with other sports or things you enjoy doing.

Here are some details for the upcoming season.

- **YMCA Registration Opens August 24.** Click this link to register online. <https://toledo.recliquecore.com/programs/11>
- Swimmers will register for the group they were in at the end of the previous season unless you hear from a coach about a different group. Adjustments will be made to practice groups during the first few weeks of the season.
- New Swimmers should register for the group they were assigned at the new swimmer evaluation.
- Check the website at www.FMSTswim.com for additional information. Make sure you can login to your account, and if you have any problems just email me and I can help. dstannert@ymcatoledo.org
- **Practices begin the week of September 14.**
- **The practice schedule** is now available for Sept 14 – Oct 22, 2026. Starting Oct 23, the schedule will be slightly adjusted to accommodate the High School Swimming Season.
- **The meet schedule** is now posted on the [Season Information page](#) on the website. This schedule may change, but it is correct for the most part.
- Additional competition opportunities are available through USA Swimming. These meets are recommended for experienced swimmers that can complete a legal 100 IM and a 200 Free. Contact your coach if you are interested in more information about USA Swimming Meets.

New swimmers will be evaluated on Wed., Sept 2. If you have friends or siblings that would like to be evaluated, please have them contact me about an evaluation.

If you have any questions, please let me know.

Coach Dave

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www.FMSTswim.com