

# LESD Start of Season Updates and Information

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SAVE the DATE ☕ Coffee & Questions – *Swim Meet 101* on Sept 27 at 10 AM, Hawken Upper School

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## Moe's Fundraiser- **ORDERS DUE SEPTEMBER 22**

Don't cook—support LESD instead! Order a Moe's Meal Kit and pick up at Hawken Upper School or Wembley Club.

Proceeds directly benefit LESD. 🇺🇸 [order link](#)

- **Pick-Up Date:** September 23
    - Hawken Upper School- 5:30-6:00
    - Wembley Club -6:00-6:30
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## Commit Notes

★ **Communication-** Commit offers a simple way for you to communicate directly with LESD coaches, staff, and board members.

- On your **Dashboard**, you'll see a **Message Center**. Click there to view all LESD communication.
- You can **reply** to any message you've received, or you can **start a new message** by clicking *New Message* and selecting who you would like to contact
- For **meet-specific questions or comments**, please use the **Messages tab** within your swimmer's meet registration. This ensures your note is tied directly to the correct meet entry.

📌 Thank you for helping us keep communication clear and streamlined! Direct emails can always be sent to the **LESD Office** if needed.

★ **Adding a Parent-**You can add a parent to your swimmer's account so they have their own username (email) and login to view the same information.

**Steps:**

1. From your **Dashboard**, go to **Swimmer**.
2. Click on the **Swimmer's name**.
3. Open the **Manage** tab and select **Add a Parent**.
4. Once added, send a message to the **LESD Office**, and we will initiate the invite email.

**Emergency Contacts** - Please make sure you account includes emergency contacts

★ **Swim Meet Entry Procedure-** A step-by-step Swim Meet Entry Guide was sent earlier. [Click here to view the document](#)

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## Booster Apparel & Equipment Information

★ **Registration Package-**As part of registration, each swimmer will receive the following items from Boosters:

- Red Team Shirt
- Black Silicone Cap with Red Logo
- Two Old-Logo Silicone Caps

👉 Please log into your Commit account to confirm your swimmer's shirt size, as Booster orders will be placed based on that information.

★ **Additional Booster Apparel Offerings-**Boosters are excited to offer additional apparel throughout the year! Items may be ordered for swimmers and/or family members using the **Booster Apparel Form**.

[CLICK TO ORDER](#)

 **Pre-Order Deadline:** Team shirts and personalized cap orders will close on **SEPTEMBER 30th**. Items will remain available until stock sells out. Special seasonal items will be offered throughout the year.  **Note:** Additional team shirts will be limited if not pre-ordered.

 All purchases will be charged to your LESD account. Booster apparel and additional orders will be delivered to your swimmer's site.

★ **Swimmer Equipment**-Each training group has a **basic equipment set** that builds as swimmers advance through the program.

[LESD Equipment List](#)

★ **SwimOutlet Team Store**-Swimmer equipment and additional team apparel—such as **suits, parkas, and more**—are available year-round through the [LESD Team Store on SwimOutlet](#).

[All info can be found on our website -Team equipment and Apparel page](#)

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## Getting Involved with LESD

★ **Volunteering at LESD**-Thank you to everyone who attended the meeting last weekend! We hope it helped answer questions and clarify that **earning service hours can be done in many different ways**. The LESD Board is always open to individual conversations if you'd like help navigating the process.

**We'll be diving deeper into the topic of volunteering at meets next week, but for those who have asked:**

- **Signing up to work at a meet** is done mainly through Commit, and occasionally through SignUpGenius. You'll receive an email when sign-ups open, with all the details you need to volunteer.

★ **Parent Interest Survey**-Parents, please take a moment to fill out our **Parent Interest & Skills Survey**. Your input helps us match your talents, interests, and availability with areas where you can give back to the team.

[Click to complete survey](#)

### ★ Safe Sport Training Opportunity

USA Swimming Safe Sport staff will be hosting **Zoom sessions for parents, minor athletes, and coaches** to assist clubs in completing the **Training and Education requirement** of the Safe Sport Club Recognition Program.

All USA Swimming coaches, officials, staff, meet directors, 18 and older swimmers and others are required to complete training and follow Safe Sport guidelines. By participating, parents and athletes help ensure that our team maintains a **safe, supportive, and positive environment for all**.

As mentioned in the parent meeting, LESD highly encourages all parents and athletes to participate in these training sessions.

[Click here to view all information, training dates, and registration links](#)



[LESD.org](http://LESD.org)