

VERNON HILLS TURTLES SWIM TEAM

TURTLE NEWS

May 4th , 2026

Issue #28



IMPORTANT NOTICES

- If you need to ask your coach a quick question, please do so either before or after practice. If you'd like to discuss further, please email your coach to schedule a time to talk about your questions.
- If you have not yet provided your payment method, please complete this step promptly. Failure to provide this information will result in the exclusion of your swimmer from all upcoming practices & swim meets.
- For this week's schedule, please refer to the Team Calendar and the "Week Ahead" section below it for an overview of the upcoming week.
- If you need help with Commit Swimming, please consult the [parent help section](#) first, which provides step-by-step videos on all topics. If you still require assistance, you can email Coach Enrico at enricom@vhparkdistrict.org



Upcoming Meets

May 9th - 10th

NASA Spring Blast-Off



Open Meet Registration

- LFSC Swim FEST
- Rec Meet - McHenry
- Coho Summer Classic
- Rec Meet - Park Ridge
- North Shore Open
- Rec Meet - Norridge
- Rec Meet - Park Ridge
- CWAC Summer Sizzle
- Rec Meet - Bolingbrook

Upcoming Dates

May 4th & 6th - No Swimming for Silver

There will be no swimming for Silver on May 4th or 6th due to water polo.

May 8th - 10th - Wild Spring Blast-off Meet

Location: *Norris Aquatic Center, 2311 Campus Drive, Evanston, IL 60208*

Please see the Meet Landing page for swimmers' events and arrival times.

May 12th & 13th - No Swimming for Silver

There will be no swimming for Silver on May 12th or May 13th due to water polo.

May 16th - Bowling Team Outing

Location: *Bowlero 316 Center Drive, Vernon Hills, IL 60061*

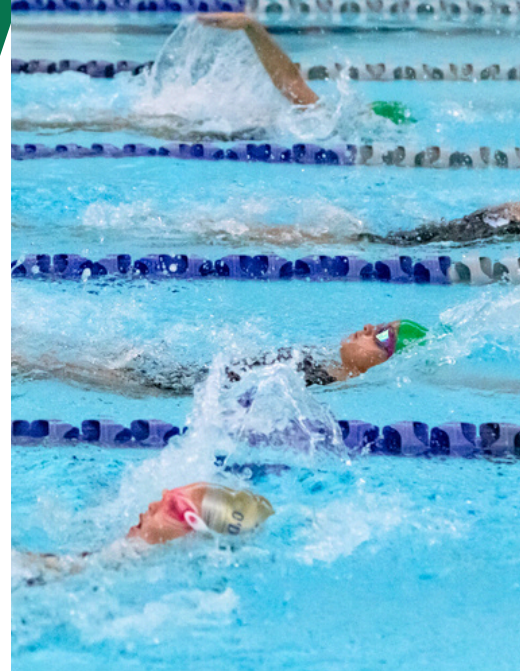
Time: 6:00 pm - 8:00 pm

Join the GrouMe Announcements

We will use a GroupMe account to quickly send time-sensitive updates such as weather cancellations, meet sign-up reminders, and Important announcements.

Please use the link or QR code to request to join.

https://groupme.com/join_group/114251131/BvofUnm8



(847) 996 6800



enricom@vhparkdistrict.org



635 N. Aspen Dr.
Vernon Hills, IL.



vhturtlesswimteam.org

VHPARKDISTRICT.org