

ANNUAL CONSENT FOR ATHLETIC TRAINING MODALITIES,
MASSAGES, RUBDOWNS

Cougar Aquatic Team

I, _____, as the parent/ legal guardian of
_____, a minor athlete, hereby authorize and
consent for said minor athlete to receive athletic training modalities, massages, and
rubdowns for injuries for a time period of one year from the date of consent.

I understand the following guidelines apply for athletic training modalities, massages,
and rubdowns:

1. All sessions must follow the One-on-One interactions policy as found in the
Minor Athletes Abuse Prevention Policy.
2. All sessions must have a second Adult Participant physically present for the
treatment to occur.
3. My minor athlete will be fully or partially clothed and their breasts, buttocks,
groin, and genitals will always be covered.
4. A parent/legal guardian must be permitted to observe treatment except for
situations where it occurs in a competition or training venue that limits
credentialing.

I understand that my minor athlete or I can withdraw consent for athletic training
modalities, massages, or rubdowns at any time.

Parent/Legal Guardian Name Printed: _____

Legal Guardian Signature: _____

Date: _____