

Provincial Trials Time Standards 2026 - 2027

Female				EVENT		Male			
13 & U	14	15	16 & O			13 & U	14	15	16 & O
30.8	30.7	30.2	30.0	50 Free	SC	30.2	28.7	28.2	27.6
31.4	31.3	30.8	30.6		LC	30.9	29.3	28.8	28.2
1:08.9	1:07.5	1:06.6	1:06.2	100 Free	SC	1:08.0	1:03.9	1:02.2	1:01.2
1:10.3	1:08.9	1:08.0	1:07.5		LC	1:09.4	1:05.2	1:03.4	1:02.5
2:31.4	2:27.7	2:26.8	2:25.5	200 Free	SC	2:29.3	2:21.4	2:17.4	2:15.3
2:34.5	2:30.7	2:29.8	2:28.5		LC	2:32.3	2:24.3	2:20.2	2:18.1
5:22.6	5:11.2	5:09.5	5:07.7	400 Free	SC	5:23.7	5:01.2	4:59.4	4:55.1
5:29.2	5:17.5	5:15.8	5:14.0		LC	5:30.3	5:07.3	5:05.5	5:01.1
11:13.4	10:48.2	10:44.8	10:41.4	800 Free	SC	11:08.5	10:27.4	10:17.6	10:08.5
11:27.2	11:01.5	10:58.0	10:54.5		LC	11:22.2	10:40.2	10:30.2	10:20.9
21:20.4	20:32.5	20:26.1	20:19.7	1500 Free	SC	21:27.4	20:08.2	19:49.3	19:31.8
21:46.6	20:57.7	20:51.1	20:44.6		LC	21:53.7	20:32.8	20:13.6	19:55.7
35.8	35.4	34.8	34.5	50 Back	SC	35.6	33.9	33.3	32.2
36.5	36.2	35.5	35.2		LC	36.3	34.6	33.9	32.9
1:17.8	1:17.1	1:15.7	1:14.7	100 Back	SC	1:18.6	1:14.5	1:13.0	1:11.0
1:19.3	1:18.7	1:17.2	1:16.2		LC	1:20.2	1:16.0	1:14.5	1:12.4
2:51.4	2:48.3	2:42.7	2:41.9	200 Back	SC	2:51.4	2:43.9	2:40.3	2:35.2
2:54.9	2:51.8	2:46.1	2:45.2		LC	2:54.9	2:47.2	2:43.6	2:38.4
40.9	39.2	39.0	38.8	50 Breast	SC	38.9	37.4	36.2	35.7
41.8	40.0	39.8	39.6		LC	39.7	38.2	37.0	36.4
1:29.6	1:28.8	1:28.4	1:27.9	100 Breast	SC	1:28.5	1:25.1	1:21.5	1:21.0
1:31.4	1:30.6	1:30.2	1:29.7		LC	1:30.3	1:26.8	1:23.1	1:22.7
3:15.6	3:10.1	3:09.2	3:08.4	200 Breast	SC	3:16.5	3:10.0	2:59.0	2:58.1
3:19.5	3:14.0	3:13.1	3:12.2		LC	3:20.5	3:13.9	3:02.6	3:01.7
33.9	33.1	32.6	32.4	50 Fly	SC	33.0	31.2	30.3	29.7
34.6	33.7	33.2	33.0		LC	33.6	31.8	31.0	30.3
1:20.1	1:16.9	1:16.3	1:15.4	100 Fly	SC	1:17.7	1:12.0	1:09.7	1:08.3
1:21.7	1:18.5	1:17.9	1:16.9		LC	1:19.3	1:13.4	1:11.1	1:09.7
3:00.2	2:52.0	2:49.9	2:49.0	200 Fly	SC	2:54.5	2:42.1	2:36.2	2:32.2
3:03.8	2:55.5	2:53.3	2:52.5		LC	2:58.1	2:45.4	2:39.3	2:35.3
2:51.6	2:49.4	2:48.5	2:47.7	200 IM	SC	2:51.8	2:42.4	2:37.4	2:34.7
2:55.0	2:52.8	2:51.9	2:51.1		LC	2:55.3	2:45.8	2:40.6	2:37.9
6:18.3	5:59.0	5:57.3	5:55.6	400 IM	SC	6:11.4	5:51.3	5:40.7	5:39.0
6:26.0	6:06.4	6:04.6	6:02.9		LC	6:18.9	5:58.4	5:47.7	5:45.9

All time standards are set to the tenth. Swimmers must equal or better the standard to qualify.

For example: 1:50.9 = 1:50.90 (1:50.90 qualifies, 1:50.91 does not qualify)