Parkland Pirates Aquatic Club

2026–2027 Training Schedule | October to April

Updated October 15

PRE-COMPETITIVE

Tier	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
M W F	5:30–6:00 PM	–	5:30–6:00 PM	–	5:30–6:00 PM	OFF
T TH F	–	5:30–6:00 PM	–	5:30–6:00 PM	5:30–6:00 PM	–

FOUNDATION

Tier	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
T TH Bronze	–	5:30–6:30 PM 6:30–7:00 PM DL	–	5:30–6:30 PM	5:30–6:30 PM	OFF
Silver	–	5:15–6:15 PM	5:30–6:30 PM	4:45–5:15 PM DL 5:15–6:15 PM	5:30–6:30 PM	OFF
Gold	4:30–5:00 PM DL 5:00–6:30 PM	5:15–6:30 PM	–	4:45–5:15 PM DL 5:15–6:30 PM	5:00–6:30 PM	OFF

IDENTITY

Tier	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bronze	4:15–6:15 PM	4:00–5:15 PM 5:15–5:45 PM DL	4:15–5:30 PM	4:00–5:15 PM	4:15–5:30 PM 5:30–6:00 PM DL	7:00–9:00 AM
PSAA Bronze	1:30–3:00 PM	1:00–1:30 PM DL 1:45–3:30 PM	–	1:00–1:30 PM DL 1:45–3:30 PM	1:30–3:00 PM	7:00–8:30 AM
PSAA Silver	1:30–3:30 PM	1:00–1:30 PM DL 1:45–3:30 PM	–	1:00–1:30 PM DL 1:45–3:30 PM	1:30–3:30 PM	7:00–9:00 AM
PSAA Gold	1:30–3:30 PM	1:00–1:30 PM DL 1:45–3:30 PM	3:30–5:30 PM	1:00–1:30 PM DL 1:45–3:30 PM	1:30–3:30 PM	7:00–9:00 AM

LEADERSHIP

Tier	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bronze	3:30–5:30 PM	3:30–5:30 PM	3:30–5:30 PM	3:30–5:30 PM	3:30–5:30 PM	7:00–9:00 AM
PSAA Silver	6:30–8:00 AM 3:30–5:30 PM	8:00–9:00 AM DL 3:30–5:30 PM	3:30–5:30 PM	8:00–9:00 AM DL 3:30–5:30 PM	6:30–8:00 AM 3:30–5:30 PM	7:00–9:00 AM

Note: any schedule changes will be communicated as early as possible.