

**MAAC Practice Schedule**  
**Fall 2025**  
**Begins August 25th, 2025**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Pre Comp</b>	5:00-5:45pm	5:00-5:45pm	5:00-5:45pm	5:00-5:45pm	OFF	OFF
<b>AGC</b>	6:00-7:30pm ----- 6:00-6:20 Dryland 6:20-7:30 Swim	6:00-7:30pm ----- 6:00-6:20 Dryland 6:20-7:30 Swim	6:00-7:30pm ----- 6:00-6:20 Dryland 6:20-7:30 Swim	6:00-7:30pm ----- 6:00-6:20 Dryland 6:20-7:30 Swim	5:00-6:30 pm	10:00-12:00 pm
<b>AAG</b>	5:15-7:30pm ----- 5:15-5:45 Dryland 5:50-7:30 Swim	5:15-7:30pm ----- 5:15-5:45 Dryland 5:50-7:30 Swim	5:15-7:30pm ----- 5:15-5:45 Dryland 5:50-7:30 Swim	5:15-7:30pm ----- 5:15-5:45 Dryland 5:50-7:30 Swim	5:00-6:30pm	10:00-12:00 pm
<b>MRC</b>	4:30-7:15pm ----- 4:30-6:30 Swim 6:35-7:15 Dryland	4:30-7:15pm ----- 4:30-6:30 Swim 6:35-7:15 Dryland	4:30-7:15pm ----- 4:30-6:30 Swim 6:35-7:15 Dryland	4:30-7:15pm ----- 4:30-6:30 Swim 6:35-7:15 Dryland	4:30-6:30pm	10:00-12:00 pm
<p>***Saturday Practice times may adjust based on the Georgia Tech Schedule***  <b>Please check the REMIND APP for Saturday practices times weekly</b></p>						