



2026 NKU Spring Schedule

Starts 4/6 (The schedule is subject to change in order to best serve the needs of all groups)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday @Keating
SENIOR Starts 4/6	Dyn 3:30p Sw 3:45-5:45pm	Dyn 3:30p Sw 3:45-5:45pm DL 6-6:45pm	Dyn 3:30p Sw 3:45-5:45pm	Dyn 3:30p Sw 3:45-5:45pm DL 6-6:45pm	Dyn 3:30p Sw 3:45-5:45pm	Dyn 6:50 am Sw 7:00-9:00 am DL 9:10-10:00 am
BLUE Starts 4/6	DL 4:45-5:30 pm Sw 5:45-7:30pm	Sw 3:45-5:30 pm	Sw 7-8:45 pm	DL 5:15-6:00pm Sw 6:15-8:00pm	Sw 3:45-5:30 pm	Dyn 6:50 am Sw 7:00-9:00 am DL 9:10-10:00 am
GOLD Starts 4/6	DL 6:30-7:00pm Sw 7:15-8:45 pm	Sw 6:45-8:15 pm	DL 5-5:30pm Sw 5:45-7:15 pm	OFF	Sw 5:45-7:15 pm	DL 8:20 am Sw 9:00-10:30 am
SILVER Starts 4/6	Sw 5-6:15 pm	DL 5-5:30pm Sw 5:45-7:00pm	OFF	Sw 5:00-6:15 pm	DL 5:45-6:15pm Sw 6:30-7:45pm	DL 10:00 am Sw 10:35-11:50 am
BRONZE Starts 4/6	OFF	Sw 5:45-6:45pm	Sw 5:00-6:00 pm DL 6:15-6:45pm	OFF	DL 4:55-5:25pm Sw 5:30-6:30pm	DL 10:45 am Sw 11:00 am-12:00 pm
COPPER Starts 4/6	Dyn 3:30pm Sw 3:45-5:00pm	OFF	Dyn 3:30pm Sw 3:45-5:00pm	OFF	Dyn 3:30pm Sw 3:45-5:00pm	