



# The Reactor Report

Vol. 21



Atomic had yet another great meet this weekend. We brought only eight swimmers, but we made a huge splash. Here are some of the top highlights from the meet:

- Jocelyn Foss 1:08.14 in her 100 free placing 6th overall
- John Gilbert 2:33.85 in his 200IM, dropped 13.86 seconds!
- Caleb Keaney Best times in his 50 fly, 50 back, and 50 breast
- Max Kelly First club swim meet ever and he did an outstanding job, especially in his 100 IM!
- Matthew Swenson 3rd place high point winner for his age group, and scored 80 total points for the team!
- Micheal Swenson 1:00.55 in his 100 fly, dropped 1.52 seconds
- Julian Torres Best times in EVERYTHING!

This is our final week swimming outside and practicing at Memorial Pool for 2024. Reminder that we will be switching to mornings on 11/04 at Kia Ora Fitness Center. I know that this schedule will not be ideal for many of us, but if we can all work together we can get through these next few months and be back at Memorial Pool in late March, early April. I have heard from several families that are unable to make mornings and they will be greatly missed. If you know that this morning schedule will NOT work for your swimmer please notify me so I can pause payments on your account. For those fighting to make Kia Ora work, thank you; and for those unable to make it work, the Atomic Family will welcome you back with open arms once we are back to evening practices.

The Atomic fight against breast cancer is still going strong and we are at 70% of our \$2000 donation goal to help those fighting breast cancer in the Tri-Cities. Lets all continue to work together, share the link, and see if we can reach our goal before the end of the month!

<https://pages.donately.com/atomicswimclub/campaign/atomic-fight-against-breast-cancer>

For Halloween we will be sharing candy, playing games, pumpkin relays, and having fun. ALL groups will practicing from 5:30-6:30pm on Thursday, so everyone can still have plenty of time to trick or treat after practice.

### Practice Schedule

Group	10/28	10/29	10/30	10/31	11/01
Electrons 1	x	5:30-6:15pm	x	Happy Halloween All Groups will practice 5:30-6:30	x
Electrons 2	5:30-6:15pm	x	5:30-6:15pm		5:30-6:15pm
Protons	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm		6:30-7:30pm
Uranium	5:30-7:30pm	5:30-7:30pm	5:30-7:30pm		5:30-7:30pm
Plutonium	5:30-7:30pm	5:30-7:30pm	5:30-7:30pm		5:30-7:30pm

### Swimmer of the Week



### Michael Swenson

Our Atomic Swimmer of the Week is Michael Swenson. This recognition has been a long time coming and is very well deserved. Michael has been an ATOM for only a few months and in that short time he has shown serious growth. He is learning quickly that he is much stronger than he knows. Michael demonstrated some outstanding leadership qualities and sportsmanship this weekend at the Vandal Trick or Treat meet. Michael was able to achieve some best times while tired, unsuited, and not tapered! Atomic will continue to watch this swimmer closely while he represents the Hanford Falcons this winter during his first season of high school swim. Michael is a great young man and Atomic is proud to have he be a part of our family.



Donate \$20 and get a limited edition pink Atomic swim cap.