

# Region 1 Short Course Invitational

FRIDAY, FEBRUARY 14 – MONDAY, FEBRUARY 17, 2025

@ Union College Alumni Gymnasium – Schenectady, NY (Feb 14-16, 17 PM only)  
and Shenendehowa Aquatics Center – Clifton Park, NY (Feb 17 AM only)

SESSION 1 – Friday February 14, 2025				
Positive Check-In Deadline for Friday is at 3:30 PM				
Timed Finals: Warm-Ups at 3:30 PM – Session Start at 4:30 PM - Positive Check-In Deadline for Saturday is at 6:00 PM				
GIRLS EVENT	QUALIFYING TIME (BONUS QUALIFYING TIME)	EVENT DESCRIPTION	QUALIFYING TIME (BONUS QUALIFYING TIME)	BOYS EVENT
1	18:29.99 (18:45.99)	1650 Yard Freestyle <i>Timed Final</i>	17:29.99 (17:49.99)	2
3	11:09.99 (11:19.99)	1000 Yard Freestyle <i>Timed Final</i>	10:21.99 (10:31.99)	4

SESSIONS 2 AND 3 – Saturday February 15, 2025				
Prelims: Warm-Ups at 7:30 AM - Session Start at 9:00 AM				
Finals : Warm-Ups at 4:00 PM - Session Start at 5:00 PM - Positive Check-In Deadline for Sunday is at 6:00 PM				
GIRLS EVENT	QUALIFYING TIME (BONUS QUALIFYING TIME)	EVENT DESCRIPTION	QUALIFYING TIME (BONUS QUALIFYING TIME)	BOYS EVENT
5	2:15.49 (2:18.99)	200 Yard IM	2:05.99 (2:13.99)	6
7	1:01.29 (1:03.99)	100 Yard Butterfly	58.69 (1:01.39)	8
9	5:20.99 (5:25.99)	500 Yard Freestyle	5:07.99 (5:12.99)	10
11	1:13.49 (1:15.99)	100 Yard Breaststroke	1:07.59 (1:11.99)	12
<i>10 Minute Break</i>				
13	3:59.99	400 Yard Free Relay <i>Timed Final</i>	3:49.99	14

SESSION 4 AND 5 – Sunday February 16, 2025				
Prelims: Warm-Ups at 7:30 AM - Session Starts at 9:00 AM				
Finals : Warm-Ups at 4:00 PM - Session Starts at 5:00 PM - Positive Check-In Deadline for Monday is at 6:00 PM				
GIRLS EVENT	QUALIFYING TIME (BONUS QUALIFYING TIME)	EVENT DESCRIPTION	QUALIFYING TIME (BONUS QUALIFYING TIME)	BOYS EVENT
15	1:59.99 (2:01.99)	200 Yard Freestyle	1:53.89 (1:59.99)	16
17	25.99 (26.99)	50 Yard Freestyle	23.99 (25.49)	18
19	2:14.99 (2:18.99)	200 Yard Backstroke	2:05.99 (2:11.99)	20
21	4:49.99 (4:55.99)	400 Yard IM	4:35.99 (4:44.99)	22
<i>10 Minute Break</i>				
23	4:30.75	400 Yard Medley Relay <i>Timed Final</i>	4:06.00	24

SESSION 6 AND 7 – Monday February 17, 2025				
Prelims: Warm-Ups at 7:30 AM - Session Starts at 9:00 AM				
Finals : Warm-Ups at 3:30 PM - Session Starts at 4:30 PM				
GIRLS EVENTS	QUALIFYING TIME (BONUS QUALIFYING TIME)	EVENT DESCRIPTION	QUALIFYING TIME (BONUS QUALIFYING TIME)	BOYS EVENTS
25	55.69 (57.29)	100 Yard Freestyle	52.09 (54.39)	26
27	2:37.99 (2:41.99)	200 Yard Breaststroke	2:26.99 (2:33.99)	28
29	1:02.99 (1:04.99)	100 Yard Backstroke	1:00.09 (1:02.99)	30
31	2:19.99 (2:23.99)	200 Yard Butterfly	2:05.99 (2:13.99)	32
<i>10 Minute Break</i>				
33	8:26.99	800 Yard Freestyle Relay <i>Timed Final</i>	7:49.99	34