

RAIDER NATION



CHAMPIONSHIP
SERIES



Congratulations to

MILLIE KNUDSON (15)

on making her first ever Junior Nationals
championship finals appearance in
the **women's 50-M freestyle**.

She'll be swimming in **Lane 6** this evening
at approximately **6:00 PM Pacific Time**.

You can watch her on the
USA Swimming YouTube channel:

www.youtube.com/@usaswimming/streams

#WorkingOurWayToTheTop

www.swimbt.com