



## Warm Up Schedule for 2024 OH CM SC Regional Championships

Saturday AM 11-14 Warm Ups									
Time		Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
8:00-8:25am	Balcony	CAC							
	Scoreboard	CM							
8:25-8:50am	Balcony	PCY	PCY	PCY	PCY	PCY	PCY	OHYA	OHYA
	Scoreboard	OHYA	OHYA	OHYA	ABLY	ABLY	ABLY	ABLY	ABLY
Saturday PM 10 & Under Warm Ups									
Time		Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
12:30-12:55pm	Balcony	CM	CM	CM	CM	CM	CM	PCY	PCY
	Scoreboard	CM							
12:55-1:20pm	Balcony	OHYA	OHYA	OHYA	OHYA	ABLY	ABLY	ABLY	ABLY
	Scoreboard	CAC							
Sunday AM 11-14 Warm Ups									
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
8:00-8:25am	Balcony	CM							
	Scoreboard	CAC							
8:25-8:50am	Balcony	OHYA	OHYA	OHYA	OHYA	OHYA	ABLY	ABLY	ABLY
	Scoreboard	PCY	PCY	PCY	PCY	PCY	PCY	ABLY	ABLY

