

AD Short Course Championship Cut Times as of January 2024

Swimmer Must have Achieved a time Equal to or Faster than listed cut times to swim the event in AD Short Course Championships

Swimmer Must have Achieved a Best time, Slower than listed cut times to swim the event in the AD Short Course Qualifier Meets

**ALL Entry Times for AD Short Course Championships and the AD Short Course Qualifier Meets
MUST be Qualifying Yards Times, Recorded to SWIMS within Meet Qualifying Date Span**

****If swimmer has NO Recorded and Qualifying 1650 time, he/she may enter by having a Recorded and Qualifying 1000 free**

	10&U girls	10&U boys	11-12 girls	11-12 boys	13-14 girls	13-14 boys	Senior girls	Senior boys
50 free	36.49	36.49	31.59	31.59	28.79	27.99	27.19	24.89
100 free	1:21.99	1:21.99	1:08.49	1:08.49	1:01.99	57.99	58.99	54.09
200 free	2:55.99	2:55.99	2:31.99	2:31.99	2:12.99	2:06.99	2:05.49	1:55.99
500 free	7:59.99	7:59.99	6:39.99	6:39.99	5:52.99	5:38.89	5:34.99	5:16.99
1650 free					20:19.99	19:29.99	19:19.99	18:30.99
**1000 free					12:00.00	11:30.19	11:15.99	10:45.99
50 back	43.59	43.69	37.59	37.59				
100 back	1:34.99	1:34.99	1:19.99	1:19.99	1:10.19	1:07.19	1:06.59	1:01.29
200 back			2:46.99	2:46.99	2:31.99	2:24.99	2:23.89	2:12.99
50 breast	50.59	50.59	42.99	42.99				
100 breast	1:49.99	1:49.99	1:34.09	1:34.09	1:21.99	1:17.99	1:16.99	1:09.49
200 breast			3:02.99	3:09.99	2:58.99	2:46.99	2:47.99	2:29.99
50 fly	45.59	45.59	36.49	36.49				
100 fly	1:42.99	1:42.99	1:19.99	1:19.99	1:11.49	1:07.99	1:06.29	59.99
200 fly			2:59.99	2:59.99	2:30.99	2:26.99	2:27.99	2:18.99
100 IM	1:31.99	1:31.99	1:19.59	1:19.59				
200 IM	3:17.59	3:17.59	2:47.99	2:47.99	2:29.99	2:22.99	2:22.99	2:10.99
400 IM					5:06.99	4:55.69	4:56.99	4:43.99