

## Provincial Championship Time Standards 2026 - 2027

| Female  |         |         |         |         | EVENT      |    | Male    |         |         |         |         |
|---------|---------|---------|---------|---------|------------|----|---------|---------|---------|---------|---------|
| 13 & U  | 14      | 15      | 16      | Open    |            |    | 13 & U  | 14      | 15      | 16      | Open    |
| 28.5    | 27.9    | 27.5    | 27.3    | 27.1    | 50 Free    | SC | 27.5    | 26.1    | 25.7    | 25.1    | 24.8    |
| 29.1    | 28.5    | 28.0    | 27.8    | 27.7    |            | LC | 28.1    | 26.7    | 26.2    | 25.6    | 25.3    |
| 1:02.7  | 1:01.4  | 1:00.5  | 1:00.2  | 59.9    | 100 Free   | SC | 1:01.8  | 58.1    | 56.5    | 55.7    | 54.9    |
| 1:03.9  | 1:02.6  | 1:01.8  | 1:01.4  | 1:01.1  |            | LC | 1:03.1  | 59.3    | 57.7    | 56.8    | 56.1    |
| 2:17.6  | 2:14.2  | 2:13.5  | 2:12.3  | 2:11.8  | 200 Free   | SC | 2:15.7  | 2:08.5  | 2:04.9  | 2:03.0  | 2:01.4  |
| 2:20.4  | 2:17.0  | 2:16.2  | 2:15.0  | 2:14.5  |            | LC | 2:18.5  | 2:11.1  | 2:07.5  | 2:05.5  | 2:03.9  |
| 4:53.3  | 4:42.9  | 4:41.3  | 4:39.8  | 4:39.0  | 400 Free   | SC | 4:54.3  | 4:33.8  | 4:32.2  | 4:28.2  | 4:26.6  |
| 4:59.3  | 4:48.7  | 4:47.1  | 4:45.5  | 4:44.7  |            | LC | 5:00.3  | 4:39.4  | 4:37.7  | 4:33.7  | 4:32.0  |
| 10:12.2 | 9:49.3  | 9:46.2  | 9:43.1  | 9:41.5  | 800 Free   | SC | 10:07.8 | 9:30.3  | 9:21.4  | 9:13.2  | 9:08.0  |
| 10:24.7 | 10:01.3 | 9:58.2  | 9:55.0  | 9:53.4  |            | LC | 10:20.2 | 9:42.0  | 9:32.9  | 9:24.5  | 9:19.2  |
| 19:24.0 | 18:40.5 | 18:34.6 | 18:28.8 | 18:25.9 | 1500 Free  | SC | 19:30.4 | 18:18.3 | 18:01.2 | 17:45.3 | 17:35.4 |
| 19:47.8 | 19:03.3 | 18:57.4 | 18:51.4 | 18:48.4 |            | LC | 19:54.3 | 18:40.8 | 18:23.2 | 18:07.0 | 17:56.9 |
| 33.1    | 32.2    | 31.6    | 31.3    | 31.1    | 50 Back    | SC | 32.3    | 30.8    | 30.2    | 29.3    | 28.8    |
| 33.8    | 32.9    | 32.3    | 32.0    | 31.7    |            | LC | 33.0    | 31.4    | 30.8    | 29.9    | 29.4    |
| 1:12.7  | 1:10.1  | 1:08.8  | 1:07.9  | 1:07.4  | 100 Back   | SC | 1:11.5  | 1:07.7  | 1:06.4  | 1:04.5  | 1:03.6  |
| 1:14.2  | 1:11.6  | 1:10.2  | 1:09.3  | 1:08.7  |            | LC | 1:12.9  | 1:09.1  | 1:07.8  | 1:05.9  | 1:04.9  |
| 2:35.8  | 2:33.0  | 2:27.9  | 2:27.2  | 2:25.7  | 200 Back   | SC | 2:35.8  | 2:29.0  | 2:25.8  | 2:21.1  | 2:18.8  |
| 2:39.0  | 2:36.2  | 2:31.0  | 2:30.2  | 2:28.7  |            | LC | 2:39.0  | 2:32.0  | 2:28.7  | 2:24.0  | 2:21.6  |
| 37.2    | 35.6    | 35.4    | 35.2    | 35.2    | 50 Breast  | SC | 35.3    | 34.0    | 32.9    | 32.5    | 32.0    |
| 38.0    | 36.4    | 36.2    | 36.0    | 35.9    |            | LC | 36.1    | 34.7    | 33.6    | 33.1    | 32.6    |
| 1:24.3  | 1:20.7  | 1:20.3  | 1:19.9  | 1:19.7  | 100 Breast | SC | 1:20.4  | 1:17.3  | 1:14.1  | 1:13.7  | 1:12.6  |
| 1:26.0  | 1:22.4  | 1:22.0  | 1:21.6  | 1:21.4  |            | LC | 1:22.1  | 1:18.9  | 1:15.6  | 1:15.2  | 1:14.1  |
| 3:02.9  | 2:52.8  | 2:52.0  | 2:51.3  | 2:50.9  | 200 Breast | SC | 2:58.6  | 2:52.7  | 2:42.7  | 2:41.9  | 2:38.7  |
| 3:06.6  | 2:56.3  | 2:55.6  | 2:54.8  | 2:54.4  |            | LC | 3:02.3  | 2:56.3  | 2:46.0  | 2:45.2  | 2:41.9  |
| 30.8    | 30.0    | 29.6    | 29.4    | 29.3    | 50 Fly     | SC | 30.0    | 28.4    | 27.6    | 27.0    | 26.6    |
| 31.4    | 30.7    | 30.2    | 30.0    | 29.9    |            | LC | 30.6    | 28.9    | 28.1    | 27.6    | 27.2    |
| 1:12.8  | 1:09.9  | 1:09.4  | 1:08.5  | 1:08.2  | 100 Fly    | SC | 1:10.6  | 1:05.4  | 1:03.3  | 1:02.1  | 1:01.1  |
| 1:14.3  | 1:11.3  | 1:10.8  | 1:09.9  | 1:09.6  |            | LC | 1:12.1  | 1:06.7  | 1:04.6  | 1:03.3  | 1:02.3  |
| 2:43.8  | 2:36.4  | 2:34.4  | 2:33.6  | 2:33.0  | 200 Fly    | SC | 2:38.6  | 2:27.3  | 2:22.0  | 2:18.4  | 2:15.7  |
| 2:47.1  | 2:39.6  | 2:37.6  | 2:36.8  | 2:36.1  |            | LC | 2:41.9  | 2:30.3  | 2:24.9  | 2:21.2  | 2:18.5  |
| 2:38.3  | 2:34.0  | 2:33.2  | 2:32.4  | 2:32.0  | 200 IM     | SC | 2:36.2  | 2:27.7  | 2:23.1  | 2:20.7  | 2:18.5  |
| 2:41.6  | 2:37.1  | 2:36.3  | 2:35.5  | 2:35.1  |            | LC | 2:39.3  | 2:30.7  | 2:26.0  | 2:23.5  | 2:21.4  |
| 5:43.9  | 5:26.4  | 5:24.8  | 5:23.3  | 5:22.5  | 400 IM     | SC | 5:37.6  | 5:19.3  | 5:09.8  | 5:08.2  | 5:04.9  |
| 5:50.9  | 5:33.1  | 5:31.5  | 5:29.9  | 5:29.1  |            | LC | 5:44.5  | 5:25.9  | 5:16.1  | 5:14.5  | 5:11.1  |

All time standards are set to the tenth. Swimmers must equal or better the standard to qualify.

For example: 1:50.9 = 1:50.90 (1:50.90 qualifies, 1:50.91 does not qualify)