



2026 Keating Summer Schedule

Starts 5/25 (The schedule is subject to change in order to best serve the needs of all groups)

Group	AM/PM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NATIONAL	AM	Dyn 7:15 am Sw 7:30-9:30 am	Dyn 7:15 am Sw 7:30-9:30 am	Dyn 7:15 am Sw 7:30-9:30 am	Dyn 7:15 am Sw 7:30-9:30 am	Dyn 7:15 am Sw 7:30-9:30 am	DL 7:50-8:50 am Sw 9:00-11:30 am
	PM	Sw 4:20-6:00pm	Sw 4:20-6:00pm	Sw 4:20-6:00pm	OFF	OFF	OFF
SENIOR	AM	Sw 6:45-8:45am	Sw 6:45-8:45am DL 8:55-9:45am	Sw 6:45-8:45am	Sw 6:45-8:45am DL 8:55-9:45am	Sw 6:45-8:45am	Sw 6:45-8:45am DL 8:55-9:45am
	PM	Sw 3:00-4:45pm	OFF	Sw 3:00-4:45pm	OFF	OFF	OFF
BLUE	AM	OFF	OFF	OFF	Dyn 8:45 am Sw 9:00-10:45 am	Dyn 8:45 am Sw 9:00-10:45 am	Dyn 6:45 am Sw 7:00-8:45 am DL 9:00-9:45 am
	PM	DL 5:00 pm Sw 5:45-7:30pm	Dyn 5:00 pm Sw 5:15-7:00 pm	DL 5:00 pm Sw 5:45-7:30pm	OFF	OFF	OFF
GOLD	AM	OFF	Sw 10:00-11:30am	OFF	OFF	OFF	DL 8:00 am Sw 8:45-10:15 am
	PM	DL 4:50-5:20 pm Sw 5:30-7:00 pm	OFF	DL 4:50-5:20 pm Sw 5:30-7:00 pm		Sw 5:30-7:00 pm	OFF
SILVER	AM	OFF	OFF	OFF	Sw 10:00-11:15am	OFF	DL 9:45-10:15 Sw 10:20-11:40am
	PM	Sw 5:00-6:15pm DL 6:20-6:50pm	Sw 5:00-6:15pm	Sw 5:00-6:15pm DL 6:20-6:50pm	OFF		OFF
BRONZE	PM	Sw 5:00-6:15pm	OFF	Sw 5:00-6:15pm	OFF	DL 4:40 pm Sw 5:00-6:00 pm	DL 11:00 am Sw 11:15 am-12:15p