



Ft. Meigs YMCA Stingrays Swim Team



Spring Practice Schedule

April 20 - May 31, 2026

Group	Times	Days	Pool
Gold	4:00 - 5:30 PM	Mon - Fri	Ft. Meigs YMCA
Green	6:30 - 7:45 PM	Mon & Wed	Ft. Meigs YMCA
	5:30 - 6:45 PM	Tues, Thurs, Fri	Ft. Meigs YMCA
Silver A	4:00 - 5:30 PM	Mon - Fri	Ft. Meigs YMCA
Gold, Silver, & Green See below for Mondays and Wednesdays at BGSU in May.			
Silver B	4:00 - 5:15 PM	Mon - Fri	Ft. Meigs YMCA
Purple	6:30 - 7:30 PM	Mon - Thurs	Ft. Meigs YMCA
	5:30 - 6:30 PM	Fri	Ft. Meigs YMCA
Blue	5:30 - 6:30 PM	Mon - Thurs	Ft. Meigs YMCA
Red	5:30 - 6:30 PM	Mon, Wed, Fri	Ft. Meigs YMCA
Pink	4:30 - 5:15 PM	Mon, Wed, Fri	Ft. Meigs YMCA

USA Swimmers - May 4 - 27, 2026

Group	Times	Days	Pool
Gold, Silver A	5:30 - 7:00 PM	Mon & Wed	BGSU Long Course
Green	5:30 - 6:30 PM	Mon & Wed	BGSU Long Course
Gold & Silver A can choose either Ft. Meigs or BG practices on Mon & Wed.			
Green will only have practice at BGSU on Mon & Wed. Green swimmers can swim with Purple Mon & Wed if needed.			

Updated Schedule to Include City Pool Practices

Summer Practice Schedule

June 3 - End of Season

Gold & Silver A

Mon, Fri 8:15 - 10:15 AM - City Pool

Tues, Wed, Thurs 8:00 - 10:00 AM - East YMCA

See Dave If You are interested in Afternoon Practices in addition to mornings. Must be in HS in the fall.

Silver B, HS Club

Mon, Fri 8:15 - 9:45 AM - City Pool

Tues 8:00 - 9:00 AM - East YMCA

Wed, Thurs 10:00 - 11:15 AM - City Pool

Blue

Mon, Wed, Thurs, Fri 11:00 - 12:00 PM - City Pool

Tues Dual Meets Starting June 9

Pink

Mon, Wed, Thurs, Fri 11:15 - 12:00 PM - City Pool

Tues Dual Meets Starting June 9

Green

Mon, Fri 9:30 - 11:00 AM - City Pool

Tues, Wed, Thurs 8:00 - 9:30 AM - East YMCA

Purple

Mon, Fri 11:00 - 12:00 PM - City Pool

Tues 9:00 - 10:00 AM - East YMCA

Wed, Thurs 10:00 - 11:00 AM - City Pool

Red

Mon, Wed, Th, Fri 10:15 - 11:15 AM - City Pool

Tues Dual Meets Starting June 9