



### Raiders Shine on Day 2 at SFST Long Course Invitational

The Raiders continued to shine on Day 2 of the SFST Long Course Invitational. On Day 2, the Raiders set 5 new team records, 16 new A-times, 9 new AA-times, 2 new AAA-times, and earned three gold medals, five silver medals, and three bronze medals.

#### Team Record Breakers

- 13–14 Girls 200-M Breaststroke: Mia Schergin
- 11–12 Boys 200-M Breaststroke: Royce Li
- Open Girls 200-M Freestyle: Millie Knudson
- 11–12 Girls 200-M Freestyle: Violet “Bungee” Osterloh
- 11–12 Boys 200-M Freestyle: James Reed

### **Swimmers Making New USA Swimming Motivational Times**

M. Lowrey (10): A-time 50 Free | 100 Free AA-time  
M. Levell (10): AA-time 100 Back  
B. Osterloh (11): AA-time 200 Free, 1500 Free, 800 Free  
M. Levell (12): AA-time 200 Breast  
J. Reed (11): AAA-time 200 Free  
B. Holm (12): A-time 200 Free  
R. Li (12): A-time 100 Fly | AAA-time 200 Breast  
M. Schergin (13): A-time 50 Free  
I. Lecci (14): A-time 200 Breast, 100 Fly  
Cate Tank-Quackenbush (14): A-time 50 Free  
A. Pettit (13): A-time 50 Free  
J. Smith (13): A-time 50 Free | AA-time 200 Free  
L. Nichols (13): A-time 100 Fly | AA-time 50 Free  
H. Grieger (13): A-time 200 Free, 1500 Free  
Millie Knudson (15): AA-time 200 Free  
H. Grafelman (16): A-time 200 Free  
A. Griner (16): A-time 200 Breast  
D. Dunning (16): A-time 100 Back, 1500 A-time

### **Top 3 Swims by Events**

10 & UN Mixed 200 Free Relay: *M. Levell, M. Lowrey, X. McGraw, P. Levell* – 2nd place  
10 & UN Girls 100-M Free: *M. Lowrey* – 2nd place  
10 & UN Boys 100-M Free: *M. Levell* – 1st place  
10 & UN Boys 100-M Breast: *M. Level* – 2nd place  
10 & UN Girls 50-M Free: *M. Lowrey* – 1st place  
10 & UN Boys 50-M Free: *M. Levell* – 1st place  
10 & UN Boys 100-M Back: *M. Levell* – 2nd place  
Open Girls 100-M Back: *H. Grafelman* – 2nd place  
Open Girls 100-M Back: *L. Pettit* – 3rd place  
Open Girls 200-M Free: *M. Knudson* – 2nd place  
Open Girls 200-M Free: *A. Griner* – 3rd place

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