QUALIFYING TIME STANDARDS

WOMEN **MEN**

LCM	SCY	EVENT	SCY	LCM
29.49	24.59	**50 Free**	22.19	25.59
1:00.69	53.09	**100 Free**	48.49	55.69
2:13.09	1:53.79	**200 Free**	1:46.29	2:01.49
4:37.69	5:05.09	**500/400 Free**	4:42.79	4:15.79
9:34.99	10:30.79	**1000/800 Free**	9:50.49	8:49.99
18:16.79	17:25.69	**1650/1500 Free**	16:30.49	16:56.49
33.00	29.00	**50 Back**	26.00	30.00
1:07.89	58.99	**100 Back**	53.39	1:02.99
2:26.99	2:07.19	**200 Back**	1:54.89	2:14.79
38.00	33.00	**50 Breast**	30.00	34.00
1:17.89	1:07.19	**100 Breast**	1:00.49	1:10.59
2:46.39	2:24.39	**200 Breast**	2:09.69	2:33.59
33.00	29.00	**50 Fly**	26.00	30.00
1:06.49	58.19	**100 Fly**	53.09	1:00.29
2:25.09	2:09.09	**200 Fly**	1:57.59	2:15.29
2:13.50	1:05.00	**100 IM**	59.00	1:07.50
2:28.69	2:09.29	**200 IM**	1:58.79	2:16.19
5:20.49	4:33.39	**400 IM**	4:14.09	4:49.89

QUALIFYING PERIOD

January 1, 2025 – March 15, 2027