

Portland Aquatic Club

Medical Intervention Policy

Version	Date Adopted/Revised	File Name
1.0	July 6, 2006	Asthma Attack Policy 1.0
1.1	April 7, 2010	Asthma Attack Policy 1.1 <i>Added document control/formatting/no content revision</i>
1.2	October 24, 2015	Medical Intervention Policy 2.0 Renamed, added language to address broader array of potential medical safety circumstances

Purpose:

To ensure safety when swimmers have conditions which are likely to require medical intervention during athletic events in which swimmers are pushing their physical limits (i.e. asthma exacerbations during a race)

Policy:

1. When a swimmer has an identified medical condition, the swimmer will be responsible for keeping medication or treatments with them on deck to be available as needed.
2. The parent and swimmer will work to ensure that the swimmer can independently identify symptoms and self-administer medication as needed (i.e. an inhaler). Clear directions for administering the medication will be marked in the event the swimmer is deemed unable to administer. The coach will be made aware of, but will not be responsible for, these arrangements.
3. If the swimmer experiences an exacerbation of the medical condition that necessitates attention from meet authorities, coaches, lifeguards and/or officials, the swimmer will need to be examined by a medical provider prior to further participation in practice or meets.
4. For a period of weeks or months after an exacerbating event (that is determined by the coach, parent and medical provider), a parent or guardian will be required to be on deck to make decisions about treatment, notification and authorization of emergency intervention as needed.