



Michigan Concussion Law

PLEASE READ THOROUGHLY, PRINT State of Michigan Form or obtain a copy from the Livonia Community Swim Club Filing Cabinet outside of the locker rooms at the Livonia Rec Center, sign and return to LCSC Safety Director within the first week of swimming with LCSC. You only need to submit the form once per swimmer per year.

A concussion is a mild brain injury, caused by a blow, bump or jolt to the head that can have serious consequences. It can occur in any sport or recreational activity, including swimming.

Michigan was the 39th U.S. state to enact a law that regulates sports concussions and return to athletic activity. The law went into full effect on June 30th, 2013.

The sports concussion legislation requires all youth athletic organizing entities to provide **educational materials** on the signs/symptoms and consequences of concussions to each youth athlete and their parents/guardians and **obtain a signed statement acknowledging receipt** of the educational information for the organizing entity to keep on record.

The State of Michigan Parent/Guardian/Athlete Acknowledgement Form must be signed by both the youth athlete and their parent/guardian. If your family has more than one swimmer participating in LCSC, each swimmer must review and sign a separate form.

The law also requires immediate removal of an athlete from physical participation in an athletic activity who is suspected of sustaining a concussion. The student athlete must then receive written clearance from an appropriate health professional before he or she can return to physical activity.

The State of Michigan sports concussion educational and acknowledgement form can be obtained in two locations:

1. On the State of Michigan website: www.michigan.gov (google: Michigan Sports Concussion Law), or



2. In the Concussion/Safety folder in the LCSC Team filing cabinet by the entrance to the locker rooms at the Livonia Community Recreation Center

By reading this statement and checking this box, you are confirming that you will:

1. Comply with the State of Michigan Concussion Law by **reviewing** the Parent/Guardian/Athlete Educational and Acknowledgement form with each of your swimmers, and
2. **Submit** a signed Educational and Acknowledgement statement form for **each** swimmer to the LCSC Safety Director if you have not done so already **within 1 week of registering your swimmer with LCSC.**

The signed forms should be left in the LCSC team filing cabinet "Safety Folder" or scanned and emailed to the LCSC Safety Director, whose email address is on the LCSC website under the Contacts link on the right side of the main page.

If you have any questions about this information, please contact the LCSC Safety Director.