

NKU Summer 2026 Schedule Begins Monday, June 1
(The schedule is subject to change to best serve the needs of all group)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday @ Keating
Senior	DL 6-6:45am Sw 7-9am @ Keating Sw 3:00-4:45p	Dyn 6:45a Sw 7-9am	DL 6-6:45am Sw 7-9am @ Keating Sw 3:00-4:45p	Dyn 6:45a Sw 7-9am	Dyn 3:30p Sw 3:45-5:45pm	Sw 6:45-8:45am DL 8:55-9:45a
Blue	Option 1 @ SHCC DL 6:30-7am Sw 7:15-9am Option 2 @ Keating DL 5:00p Sw 5:45-7:30p	Dyn 7:00am Sw 7:15-9am	Option 1 @ SHCC DL 6:30-7am Sw 7:15-9am Option 2 @ Keating DL 5:00p Sw 5:45-7:30p	Dyn 7:00am Sw 7:15-9am	Dyn 3:30p Sw 3:45-5:30p	Dyn 6:45 Sw 7-8:45am DL 9-9:45
Gold	Option 1 @ NKU Sw 5-6:30p DL 6:45-7:15p Option 2 @ Keating DL 4:50 Sw 5:30-7p	Sw 5-6:30p	Option 1 @ NKU Sw 5-6:30p DL 6:45-7:15p Option 2 @ Keating DL 4:50 Sw 5:30-7p	OFF	Sw 5:45-7:15p	DL 8:00a Sw 8:45-10:15a
Silver	Sw 6:00-7:15p	DL 5-5:30 Sw 5:45-7pm	Sw 6-7:15p	OFF	Sw 5:30-6:45pm DL 7-7:30p	DL 9:45a Sw 10:20-11:40a
Bronze	DL 5:45-6:15p Sw 6:30-7:30p	OFF	DL 5:45-6:15p Sw 6:30-7:30p	OFF	Sw 5:30-6:30p	DL 11:00a Sw 11:15-12:15p

**All morning practices @ Summit Hills Country Club (SHCC)

**Afternoon/Evening practices at NKU unless noted