

MARAUDERS MESSAGES

EMAIL US!

MEET WITH A COACH



WEEK OF October 21-27, 2024

MONDAY	Guppies: 5:30-6; Guppies: 6-6:30 Level 1: 5:30-6 Level 2: 6-6:45 Level 3: 5:30-7 Level 4: 5:30-7:30
TUESDAY	Level 1: 6-6:30 Level 3: 6:00-7 Level 4: 6-7:30
WEDNESDAY	Guppies:6-6:30; Guppies: 6:30-7 Level 2: 6:30-7:15 Level 3: 6-8 Level 4: 6-8
THURSDAY	Level 2: 6-6:45 Level 3: 6:00-7 Level 4: 6-7:30
FRIDAY	Level 1: 5:30-6 Level 2: 6:00-6:45 Level 3: 5:30-7 Level 4: 5:30-7
SATURDAY	
SUNDAY	

UPCOMING EVENTS

- Halloween Party 10/28-more details coming soon
- Trick or Treat Swim Meet 11/1-11/3
- 10/31/24-No Practice

TO-DO

- Decide if you are attending meet 11/1-11/3-deadline is 10/23
- Register in Commit if you haven't already
- Pay balance or set up payment plan
- Register for USA Swimming (all athletes must do this)
- Do you have extra suits, caps, goggles you no longer use? Consider donating them to the team! We have swimmers who can use them!
- Looking for your child's best times or wondering what their workouts look like? Here's how to do it!



USEFUL LINKS

- [Bennington Marauders Website](#)
- [Bennington Marauders Linktree](#)
- [Team Store](#)
- [Instagram](#)
- [Facebook](#)
- [Adirondack Swimming](#)