

Cedar Swim Club - Travel Policies

Section 1 - These items are Code of Conduct stipulations in the USA Swimming Rulebook.

- a. Club travel policies must be signed and agreed to by all athletes, parents, coaches and other adults traveling with the club. (305.5.D)
- b. Team managers and chaperones must be members of USA Swimming and have successfully passed a USA Swimming-administered criminal background check. (305.5.B)
- c. Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete). (305.5.A)
- d. When only one athlete and one coach travel to a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach. (305.5C)3

Section 2 –

- a. Athletes should not ride in a coach's vehicle without another adult present who is the same gender as the athlete, unless prior parental permission is obtained.
- b. During overnight team travel, if athletes are paired with other athletes they shall be of the same gender and should be a similar age. Where athletes are age 13 & Over, chaperones and/or team managers would ideally stay in nearby rooms. When athletes are age 12 & Under, chaperones and/or team managers may stay with athletes. Where chaperones/team managers are staying in a room with athletes, they should be the same gender as the athlete and written consent should be given by athlete's parents (or legal guardian).
- c. To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athlete's rooms and no female athletes in male athlete's rooms (unless the other athlete is a sibling or spouse of that particular athlete).
- d. A copy of the Club Code of Conduct must be signed by the athlete and his/her parent or legal guardian.
- e. Team officials should obtain a signed Liability Release and Authorization to Treat Form for each athlete.
- f. The directions & decisions of coaches/chaperones are final.
- g. The Head Coach or his/her designee shall make a written report of travel policy or code of conduct violations to the appropriate club leadership and the parent or legal guardian of any affected minor athlete.
- h. Additional guidelines to be established as needed by the coaches.

Travel Meet Code of Conduct

All team members, team staff, and parents of minors are apprised in writing of this Code of Conduct and the attached USA Swimming Code of Conduct. A signature on this document constitutes unconditional agreement to comply with the stipulations of both documents.

- a. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors and the public at all times.

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This includes refraining from inappropriate physical contact and use of inappropriate language.

- b. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- c. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- d. The possession, use, or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
- e. No “deck” changes are permitted. Athletes are expected to use available change facilities.
- f. Team members are is reminded that when competing in meets, traveling on trips, and attending other meet-related functions, they are representing both themselves and Heartland Swim. Athlete behavior must positively reflect the high standards of the club.

Failure to comply with the code of conduct as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:

- i. Dismissal from the trip and immediate return home at the athlete’s expense
- ii. Disqualification from one or more events, or all events of competition
- iii. Disqualification from future team travel meets
- iv. Financial penalties
- v. Dismissal from the team
- vi. Proceedings for a LSC or USA Swimming Board of Review

Print Swimmer Name

Swimmer Signature

Date

Print Parent Name

Parent Signature

Date