

Week of:	Note: MC unavailable after 5:30 PM on Friday, Dolphins & Penguins at MB Fri. Apr. 17; Sharks/Seniors at MC Sat AM; Long course practice Sat PM					
4/13/26	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
SrNats	4-6 PM at Burke	4-6 PM at Burke	5:50-7 AM at CSM	4-6 PM at Burke	4-6 PM at Burke	6:45-8:45 AM at MC
		4-6 PM at Kroc (Futures)	4-6 PM at Burke	4-6 PM at Kroc (Futures)		yoga at 8 AM
						2-3:30p at FremY (LC)
Seniors	4-5:45 PM at MC	4-5:45 PM at MC	5:50-7 AM at CSM	4-5:45 PM at MC	4-5:45 PM at MC	7-8:45 AM at MC
			4-5:45 PM at MC			yoga at 7 AM
						2-3:30p at FremY (LC)
Sharks	6-7:30 PM at Burke	6-7:30 PM at Burke	6-7:30 PM at Burke	6-7:30 PM at Burke	6-7:30 PM at Burke	7-8:30 AM at MC
*MC Sharks	6:30-8 PM at MC	6:30-8 PM at MC	6:30-8 PM at MC			yoga at 7 AM
						2-3:30p at FremY (LC)
Dolphin	5:30-6:45 PM at MC	5:30-6:45 PM at MC	5:30-6:45 PM at MC	4:45-6 PM at MB	5:30-6:45 PM at MB	10-11:15 AM at CSM
	6:30-7:45 PM at MC	6:30-7:45 PM at MC	6:30-7:45 PM at MC		6:30-7:45 PM at MB	
Penguin	5:45-6:45 PM at MC	5:45-6:45 PM at MC	5:45-6:45 PM at MC	5-6 PM at MB	5:45-6:45 PM at MB	10-11 AM at CSM
	6:45-7:45 PM at MC	6:45-7:45 PM at MC	6:45-7:45 PM at MC		6:45-7:45 PM at MB	
* MC Sharks join Burke sharks Thur-Sat						