

	<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THURS</b>	<b>FRI</b>	<b>SAT</b>	<b>SUN</b>
<b>Senior 1</b>	4:30-6:30pm Bowie State	6:45-8:45pm Bowie State	4:30-6:00pm Bowie State	7:00-8:45pm Bowie State	OFF	3:00-5:00pm SportFit	7:00-8:30am SportFit
<b>Senior 2</b>	7:30-8:45pm Bowie State	OFF	7:30-8:45pm SportFit	7:15-8:45pm SportFit	5:30-7:00pm PGCC	7:00-8:30am SportFit	OFF
<b>Senior Prep</b>	6:30-8:30pm Bowie State	6:45-8:45pm Bowie State	7:15-8:45pm Bowie State	7:00-8:45pm Bowie State	OFF	3:00-5:00pm SportFit	7:00-8:30am SportFit
<b>Juniors 1</b>	4:45-6:15pm SportFit	4:45-6:15pm Bowie State	4:45-6:15pm SportFit	4:45-6:15pm SportFit	OFF	OFF	OFF
<b>Juniors 2</b>	7:15-8:30pm SportFit	OFF	7:30-8:30pm Bowie State	OFF	6:15-7:15pm SportFit	5:00-6:15pm SportFit	OFF
<b>Performance</b>	6:00-7:30pm Bowie State	5:15-6:45pm Bowie State	6:00-7:30pm Bowie State	OFF	7:15-8:30pm SportFit	OFF	3:00-4:15pm SportFit
<b>Age Group 1</b>	OFF	4:45-6:16pm SportFit	5:30-7:00pm PGCC	OFF	5:30-7:00pm Bowie State	OFF	5:15-6:30pm SportFit
<b>Age Group 2</b>	OFF	OFF	5:30-7:00pm PGCC	6:00-7:15pm Bowie State	5:30-7:00pm Bowie State	OFF	6:30-7:45pm SportFit
<b>Novice</b>	6:00-7:00pm PGCC	OFF	OFF	5:00-6:00pm Bowie State	5:15-6:15pm SportFit	OFF	4:15-5:15pm SportFit
<b>Discovery 1</b>	6:15-7:15pm SportFit	OFF	OFF	6:00-7:00pm Bowie State	7:00-8:00pm Bowie State	OFF	OFF
<b>Discovery 2</b>	OFF	4:30-5:15pm Bowie State	OFF	4:45-5:30pm Bowie State	4:45-5:30pm Bowie State	OFF	OFF
<b>Discovery 3</b>	OFF	6:15-7:00pm Bowie State	OFF	OFF	4:30-5:15pm SportFit	OFF	OFF
<b>Morning Practice</b>		5:30-6:45am SportFit		5:30-6:45am SportFit			