

SEPT 18-OCT 17, 2026,

HENDERSONVILLE

SUN	MON	TUE	WED	THU	FRI	SAT
					SEP 18. 3:30-5:30 PM @ SEA STAR 4:30-5:30 PM @ SEA STAR	SEP 19: 6:00-8:00 AM @ SEA STAR
SEP 20. NO PRACTICE	SEP 21. 3:30-5:00 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	SEP 22. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	SEP 23. 5:30-6:45 AM @ SEA STAR 3:30-5:00 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	SEP 24. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	SEP 25. NO PRACTICE	SEP 26. EVANSVILLE KICKSTARTER SWIM MEET @Evansville, IN
SEP 27. EVANSVILLE KICKSTARTER SWIM MEET @Evansville, IN	SEP 28. 3:30-5:00 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	SEP 29. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	SEP 30. 5:30-6:45 AM @ SEA STAR 3:30-5:00 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 01. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 02. 5:30-6:45 AM @ SEA STAR 3:30-5:30 PM @ SEA STAR 4:30-5:30 PM @ SEA STAR	OCT 03. 6:00-8:00 AM @ SEA STAR
OCT 04. NO PRACTICE	OCT 05. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 06. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 07. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 08. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 09. 6:30-8:30 AM @ SEA STAR 8:30-9:30 AM @ SEA STAR	OCT 10. ENSWORTH SWIM MEET @Nashville, TN
OCT 11. ENSWORTH SWIM MEET @Nashville, TN	OCT 12. 3:30-5:00 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 13. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 14. 5:30-6:45 AM @ SEA STAR 3:30-5:00 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 15. 3:30-5:30 PM @ SEA STAR 6:00-7:00 PM @ SEA STAR	OCT 16. 5:30-6:45 AM @ SEA STAR 3:30-5:30 PM @ SEA STAR 4:30-5:30 PM @ SEA STAR	OCT 17. 6:00-8:00 AM @ SEA STAR

MEETS/EVENTS

SEP 26-27:	Evansville Kickstarter Meet	Evansville, IN
OCT 10-11:	Ensworth Invitational	Nashville, TN
OCT 31:	MTSC Middle School Meet	Lebanon, TN
NOV 07-08:	NAC Invitational	Nashville, TN
NOV 14:	MTSC High School Meet	Lebanon, TN
DEC 04-06:	Ensworth Invitational (prelim/final)	Nashville, TN
DEC 12:	Ensworth Marshmallow Mini Meet (12 & U)	Nashville, TN