



LAKE ERIE SILVER DOLPHINS

WEEKLY UPDATE

October 9, 2026

THIS WEEK'S REMINDERS

- **October 15-** Meet Registration Deadline for Oct 25 Meet

INCLUDED IN THIS WEEK'S UPDATE

- Intrasquad Recap
- Upcoming Meets
- Important Dates
- Commit & Past Updates
- Helpful Links

Intrasquad Meet Recap

Thank you to everyone who joined us for our LESD Intrasquad Meet & Team Event! It was a great morning of racing, team spirit, and fun—and for many of our younger swimmers, their very first swim meet! **A special thank you** to our parent volunteers, coaches, Boosters, and swimmers who helped make the morning a success. We loved seeing our swimmers race, cheer on their teammates, and enjoy time together. **What a great way to kick off the season!**

Performance Recap

47 Athletes • 132 Events • 62 New Best Times — and lots of great racing!



UPCOMING MEETS

The following meets are posted in Commit. Please review the meet information and **respond to your swimmer's invitation by the posted deadline**, even if they are unable to attend. Questions about meet participation? Contact your swimmer's coach.- [Swim meet resources](#)

LESD AND LSSC MEET

October 25 | Hawken

Deadline: October 15

Discovery 2, Challenge 1 and 2, and AGP Some Discovery 1 may be invited

MARK J BRAUN INVITATIONAL

November 20-22 | University of Akron

Deadline: October 30

ALL LESD swimmers and families encouraged to participate in some way

PARENT EVENT

Plot twist! We've moved the date, but the party remains non negotiable

Clear your schedules for **Saturday, January 9th** for our "**Night at the Races**" fundraiser! This is an adults-only affair: no homework, no bedtime negotiations—just horse racing, fierce basket bidding, and a ridiculously good time. So save the date and get ready to bet big

IMPORTANT DATES

OCT. 15 Oct 25 Meet Registration Deadline How to sign up for meets	OCT. 18 Stevie Meet @ CSU	OCT 22* Oct 25 Meet Job Sign ups Close How to Sign Up for Jobs	OCT. 25 LESD/LSSC Meet @ Hawken
October 30 BRAUN Meet Registration Deadline	November 14* Braun Meet Job Sign Up Closes	November 20-22 BRAUN Fall Classic Meet @ U of Akron	December 20 LESD/LSSC Meet @ Rocky River

**These will be posted when available*

NEW TO LESD or COMMIT

The **Commit Swimming – Team App** is one of the easiest ways to stay connected and manage your swimmer throughout the season

- Receive team communications and notifications
- Register swimmers for meets and events
- Review meet entries and swimmer information
- Review billing

[Review the LESD Quick Guide to Commit](#)

WEEKLY UPDATES

Weekly Updates include important information about **meets, schedules, deadlines, volunteer opportunities, team events, and more.**

[VIEW PAST UPDATES HERE](#)

HELPFUL LINKS



- [LESd Website](#)
- [Practice Schedule Page](#)
- [Meet Schedule](#)
- [Swim Meet Resources](#)
- [Parent Resources](#)
- [Share Photos with LESD](#)
- [SDSA Group Lesson Registration](#)

STAY CONNECTED

General team questions: Lakeeriesilverdolphins@gmail.com

Coaches: can be messaged through Commit

Follow us on Social Media

- Facebook: Lake Erie Silver Dolphins
- Instagram: @lesd.swimming