



Spring 2025 Schedule Begins March 31 @ NKU

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday @ Keating
Senior	Dyn 3:45p Water 4-6p	Dyn 3:30p Water 3:45-5:45	Dyn 3:45p Water 4-6p DL 6:15-7p	Dyn 3:30p Water 3:45-5:45p	Dyn 3:30p Water 3:45-5:45p DL 6-6:45p	
Blue	Water 6:00-7:45p	DL 4:45-5:30p Water 5:45-7:30p	Water 6-7:45p	DL 6:00-6:45p Water 7-8:45p	Water 5:45-7:30p	
Gold	Water 7:15-8:45p	Water 5:45-7:15p DL 7:30-8p	Water 7:15-8:45p	OFF	DL 6:15-6:45p Water 7-8:30p	
Silver	Water 6-7:15p	DL 6:30-7p Water 7:15-8:30p	Water 6-7:15p	DL 5-5:30p Water 5:45-7p	OFF	
Bronze	Water 5:15-6:15 DL 6:30-7:00p	OFF	Water 5:15-6:15 DL 6:30-7:00p	OFF	Water 5-6p	
Copper	Dyn 3:45p Water 4-5:15p	OFF	Dyn 3:45p Water 4-5:15p	OFF	Dyn 3:30p Water 3:45-5:00	