



Locker Room Monitoring Policy
Sooner Swim Club
Updated: 12/17/25

PURPOSE

The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

FACILITY

Sooner Swim Club holds practices at the Young Family Athletic Center.

MONITORING

Coaches and staff make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition and, if they do not return in a timely fashion, coaches or staff will check on the athlete's whereabouts.

We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it should only be a same-sex parent. If this is necessary, parents should let the coach or other on-deck staff know about this in advance.

If an athlete needs assistance with his or her uniform or gear (for example, a child under the age of eight), or an athlete's disability warrants assistance, then we ask that parents let the coach or an administrator know beforehand that he or she will be helping the athlete. Coaches will make efforts to direct parents and children to the use of private changing facilities in these situations.

GENERAL POLICY

Coaches must require their swimmers to tell or ask when they need to use the restroom or access the locker room during practice. Coaches are responsible for noticing when an athlete goes to the locker room or changing area during practice. And, if they do not return in a timely fashion, a coach or adult of the same sex will check on the athlete's whereabouts.

We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it should only be a same-sex parent. If this is necessary, parents should let the coach or administrator know about this in advance. If an athlete needs assistance with changing or using the restroom, or an athlete's disability warrants assistance, then we ask that parents let the coach know beforehand that he or she will be helping the athlete.

We recommend our swimmers to come to practice with a swimsuit on and leave either in a towel, parka, or clothes to put on over their suit. The use of locker rooms before and after practice is discouraged, however, we do allow our swimmers to access the locker room throughout the duration of practice.

We only recommend our coaches to enter the locker room if they believe there is a problem which needs addressing. If this is the case, either a coach, parent, or other adult of the same sex is permitted to enter the locker room.

Any use of cell phones, cameras, or recording devices are not permitted in the locker room or bathroom under any circumstance by swimmers, coaches, parents, or any other adults. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area. Section 305.3 of the USA Swimming Athlete Protection Policies state: Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.