



Parkland Pirates Pre-Competitive (Pre-Comp)

Ages

Typically, 6 years & up

Must be able to swim 25m unassisted and be comfortable in deep water.

Schedule

- Monday, Wednesday, & Friday 7:00-7:30 PM

At Wahoo during the week.

Season: September to the end of June

Breaks: 2 weeks at Christmas & Spring Break

Program Overview

Pre-Comp is the first step into competitive swimming with the Parkland Pirates. The program bridges the gap between lessons and team training by providing focused instruction in a fun, supportive, and structured environment.

Key Features

- Low swimmer-to-coach ratio for personalized feedback
- Learn all four competitive strokes
- Develop strong starts, turns, and streamlines
- Build training habits and lane etiquette
- Experience Pirates team culture: effort, respect, fun, and sportsmanship

Commitment

- Parent Volunteer Commitment of 15 points.
- 2-3 practices per week (30 minutes each)
- Encouraged to attend one swim meet at the end of the year

Fees

- \$295 PPAC Registration Fee (annual). -\$190 per family (2 case of Chocolate)
- \$898 Training Fee if paid in lump sum. or pay 3 installments of \$315 (Sep, Dec, Mar)
- \$275 AFC Annual Fundraising Fee -\$38 Swim Alberta/Swimming Canada Fee

Why Pre-Comp?

Unlike regular swim lessons, Pre-Comp offers a pathway into competitive swimming. Swimmers gain a strong technical foundation while learning what it means to be part of a team.