

<i>May</i>						2026
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	27	28	29	30	1	2
	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	SR & Juniors: 4:15-5:30 <b>*Done early League Meet</b>	SR: 7a-9a AG/JR 7:15a- 9a
3	4	5	6	7	8	9
	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	SR & Juniors: 4:15-5:30 <b>*Done early League Meet</b>	SR: 7a-9a AG/JR 7:15a- 9a
10	11	12	13	14	15	16
	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	SR & Juniors: 4:15-6:15	No Practice NAC MEET
17	18	19	20	21	22	23
No Practice NAC MEET	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	SR & Juniors: 4:15-6:15	SR: 7a-9a AG/JR 7:15a- 9a
24	25	26	27	28	29	30
	MEMORIAL DAY MORNING ONLY	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	Seniors: 4:15p-6:15p  JR: 4:15-6p  Age Group	SR & Juniors: 4:15-5:30	SR: 7a-9a AG/JR 7:15a- 9a
<b>** COME ON YOUR SCHEDULED DAYS** MAKEUPS ARE SATURDAY MORNING**</b>						
All swimmers are HIGHLY ENCOURAGED to do IMX for each season: <a href="https://www.usaswimming.org/times/imx-imr">https://www.usaswimming.org/times/imx-imr</a> They will have the chance to complete these at the swim meets throughout the Short Course and Long Course seasons!						