

Athlete Name: _____ Athlete Phone: _____

Parent Phone: _____ Emergency Contact: _____

Medical Conditions: _____

Medications Taken: _____

Insurance Provider: _____ Phone: _____

Insured Name: _____ Policy Number: _____

Swimmer: I have read and understand the principles and will follow them:

Signed: _____ Date: _____

As a parent, I have read and understand the principles and will abide by them:

Signed: _____ Date: _____



SUSA Travel Policies

As a member of SUSA, I must show the utmost RESPECT for myself, my peers, my coaches, my competitors and my parents if I am to achieve greatness in swimming!

Section I

USA Swimming Required Policies

(See USA Swimming Website – code of Conduct stipulations in the rulebook)

- a) SUSA travel policies must be signed and agreed to by all athletes, parents, coaches and other adults traveling with the club. (305.5.D)
- b) Team managers and chaperones must be members of USA Swimming and have successfully passed a USA Swimming-administered criminal background check. (305.5.B)
- c) Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete). (305.5.A)
- d) When only one athlete and one coach travel to a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach. (305.5.C)

Section II

SUSA Required Policies

- a) During team travel, when doing room checks, attending team meetings and/or other activities, two-deep leadership and open and observable environments should be maintained.
- b) Athletes should not ride in a coach's vehicle without another adult present who is the same gender as the athlete, unless prior parental permission is obtained.
- c) During overnight team travel, if chaperones are staying in a room with athletes, they should be the same gender as the athlete and written consent should be given by athlete's parents (or legal guardian).
- d) A copy of the SUSA Code of Conduct must be signed by the athlete and his/her parent or legal guardian before athlete can travel with the team. This can be found under the Parent Tab of the SUSA website.
- e) Curfews shall be established by the team or Local Swimming Committees (LSC's) staff each day of the trip.
- f) Team members and staff traveling with the team will attend all team functions including meetings, practices, meals, meet sessions, etc. unless otherwise excused or instructed by the head coach or his/her designee.
- g) The directions & decisions of coaches/chaperones are final.
- h) Swimmers are expected to remain with the team at all times during the trip.
- i) Swimmers are not to leave the competition venue, the hotel, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.
- j) When visiting public places such as shopping malls, movie theaters, etc. swimmers will stay in groups of no less than three persons. 12 & Under athletes will be accompanied by a chaperone.

Section III

Other Policies

Safety

- a) Additional guidelines to be established as needed by the coaches.
- b) Respect the privacy of each other.
- c) Must wear seat belts and remain seated in vehicles.

Behavior

- e) Be quiet and respect the rights of teammates and others in hotel.
- f) Be prompt and on time.
- g) Cell Phones – Must turn in cell phone at coach request at time of curfew.
- h) Use of hotel/ facility / public internet as directed by the coaches.
- i) Respect travel vehicles.
- j) Use appropriate behavior in public facilities.
- k) Must stay in assigned hotel room.
- l) Needs and well being of the team come first.

Financial

- m) No room service without permission.
- n) Swimmers are responsible for all incidental charges.
- o) Swimmers are responsible for any damages or thievery at hotel.
- p) Must participate in contracted group meals.

Code of Conduct

- a) All team members, team staff, and parents of minors are apprised in writing of the Code of Conduct. A signature on this document constitutes unconditional agreement to comply with the stipulations of both documents.
 - b) Team members will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors and the public at all times.
 - c) Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
 - d) The possession or use of alcohol or tobacco products by any controlled or illegal substance or any form of weapon is strictly forbidden.
 - e) No “deck” changes are permitted. Athletes are expected to use available change facilities.
 - f) Team members are reminded that when competing in meets, traveling on trips, and attending other meet-related functions, they are representing both themselves and SUSA. Athlete behavior must positively reflect the high standards of the club (or LSC).
 - g) Swimmers are to refrain from inappropriate physical contact at team activities and events.
 - h) Swimmers are to refrain from use of inappropriate language.
 - i) Failure to comply with the Honor Code as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:
 - i. Dismissal from the trip and immediate return home at the athlete's expense
 - ii. Disqualification from one or more events, or all events of competition
 - iii. Disqualification from future team travel meets
 - iv. Financial penalties
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