

## RECORDS Single Age Group LC

### LC Meters-Female

10-10	50 Free	32.45	<b>1-May-14</b>	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	100 Free	1:07.75	<b>1-May-14</b>	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	200 Free	2:44.80	<b>1-May-14</b>	PPAC	Jasmine Bagnasco at Edmonton Keyano International 2014
	400 Free	5:38.25	<b>1-May-14</b>	PPAC	Jasmine Bagnasco at Edmonton Keyano International 2014
	50 Back	38.33	<b>1-May-14</b>	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	100 Back	1:29.20	<b>3-May-24</b>	PPAC	Sofia H. Inaba at Northern Lights 2024
	200 Back	3:14.10	<b>4-Jul-13</b>	PPAC	Jasmine Bagnasco at 2013 Speedo AB Age Group & Senior Ch
	50 Breast	45.42	<b>1-May-14</b>	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	100 Breast	1:46.87	<b>27-Jul-23</b>	PPAC- AB	Lucy C. van Keulen at 2023 Summer Provincials LC
	200 Breast	3:44.19	<b>29-Apr-23</b>	PPAC	Jade M. Kapicki at Speed Demon Distance Diva Invite (SD3I)
	50 Fly	36.14	<b>1-May-14</b>	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	100 Fly	1:23.82	<b>5-May-17</b>	PPAC	Payton Loon at Edmonton Keyano Invitational
	200 Fly	3:34.02	<b>3-May-24</b>	PPAC- AB	Sofia H. Inaba at Northern Lights 2024
	200 IM	3:03.34	<b>1-May-14</b>	PPAC	Jasmine Bagnasco at Edmonton Keyano International 2014
11-11	50 Free	30.22	<b>23-May-15</b>	PPAC- AB	Jasmine Bagnasco at 17th Annual Silver Cup Invitational
	100 Free	1:05.84	<b>6-May-22</b>	PPAC	Elise Cooke at Northern Lights 2022
	200 Free	2:20.88	<b>3-Jun-22</b>	PPAC	Elise Cooke at 2022 SiverRays Invitational
	400 Free	4:52.63	<b>28-Jul-22</b>	PPAC	Elise Cooke at 2022 Summer Provincials
	800 Free	10:08.41	<b>28-Jul-22</b>	PPAC	Elise Cooke at 2022 Summer Provincials
	1500 Free	19:47.56	<b>7-Jul-22</b>	PPAC	Elise Cooke at Edmonton Keyano International 2022
	50 Back	36.37	<b>25-Apr-15</b>	PPAC- AB	Olivia Harvey at SPSC Mayflower LC 2015
	100 Back	1:19.72	<b>25-Apr-15</b>	PPAC- AB	Olivia Harvey at SPSC Mayflower LC 2015
	200 Back	2:47.73	<b>14-Mar-19</b>	PPAC- AB	Dakota L. Howard at Spring Championships
	50 Breast	39.45	<b>3-Jun-22</b>	PPAC	Elise Cooke at 2022 SiverRays Invitational
	100 Breast	1:24.83	<b>6-May-22</b>	PPAC	Elise Cooke at Northern Lights 2022
	200 Breast	2:59.48	<b>17-Mar-22</b>	PPAC	Elise Cooke at 2022 Provincial Championships
	50 Fly	32.98	<b>23-May-15</b>	PPAC- AB	Jasmine Bagnasco at 17th Annual Silver Cup Invitational
	100 Fly	1:18.42	<b>3-Jun-22</b>	PPAC	Elise Cooke at 2022 SiverRays Invitational
	200 Fly	3:03.42	<b>7-Jul-22</b>	PPAC	Elise Cooke at Edmonton Keyano International 2022
	200 IM	2:40.91	<b>28-Jul-22</b>	PPAC	Elise Cooke at 2022 Summer Provincials
	400 IM	5:44.17	<b>28-Jul-22</b>	PPAC	Elise Cooke at 2022 Summer Provincials
12-12	50 Free	28.66	<b>30-Apr-22</b>	PPAC	Anna T. Penny at 2022 PZDA
	100 Free	1:04.59	<b>24-Jul-13</b>	PPAC	Shelby Krassilowsky at 2013 Canadian Age Group Championsl
	200 Free	2:21.86	<b>7-Feb-20</b>	PPAC- AB	Dakota L. Howard at Edmonton Open 2020
	400 Free	5:07.15	<b>17-Mar-22</b>	PPAC	Anna T. Penny at 2022 Provincial Championships
	800 Free	10:44.06	<b>3-Jun-22</b>	PPAC	Anna T. Penny at 2022 SiverRays Invitational
	1500 Free	20:03.20	<b>7-Feb-20</b>	PPAC- AB	Dakota L. Howard at Edmonton Open 2020
	50 Back	34.14	<b>7-Feb-20</b>	PPAC- AB	Dakota L. Howard at Edmonton Open 2020
	100 Back	1:13.93	<b>7-Feb-20</b>	PPAC- AB	Dakota L. Howard at Edmonton Open 2020
	200 Back	2:37.96	<b>2-Jul-15</b>	PPAC	Olivia Harvey at 2015 Speedo Age Group and Senior Cham
	50 Breast	36.98	<b>4-Jul-13</b>	PPAC- AB	Sena Lovsin at 2013 Speedo AB Age Group & Senior Champs LC
	100 Breast	1:21.39	<b>4-Jul-13</b>	PPAC- AB	Sena Lovsin at 2013 Speedo AB Age Group & Senior Champs LC
	200 Breast	3:03.41	<b>28-Jul-22</b>	PPAC- AB	Sarah E. Harbin at 2022 Summer Provincials
	50 Fly	31.36	<b>17-Mar-22</b>	PPAC	Anna T. Penny at 2022 Provincial Championships
	100 Fly	1:15.43	<b>20-Apr-13</b>	PPAC	Shelby Krassilowsky at Lasers Septathlon
	200 Fly	2:57.81	<b>17-Mar-22</b>	PPAC- AB	Sydney A. Tucker at 2022 Provincial Championships
	200 IM	2:45.91	<b>2-Jul-15</b>	PPAC	Olivia Harvey at 2015 Speedo Age Group and Senior Cham
	400 IM	5:54.50	<b>6-May-22</b>	PPAC- AB	Peyton O. Tucker at Northern Lights 2022

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**RECORDS Single Age Group LC**

13-13	50 Free	29.06	<b>3-Jul-14</b>	PPAC	Sena Lovsin	at 2014 Speedo Age Group and Senior Champ	
	100 Free	1:03.76	<b>2-Jun-23</b>	PPAC- AB	Peyton O. Tucker	at CSI: 2023 Fukuoka Funk (Redux)	
	200 Free	2:20.21	<b>2-Jun-23</b>	PPAC- AB	Peyton O. Tucker	at CSI: 2023 Fukuoka Funk (Redux)	
	400 Free	4:55.77	<b>28-May-16</b>	PPAC- AB	Jewel Shewchuk	at Stonebridge Northern Lights Invitational	
	800 Free	10:08.26	<b>30-Jun-16</b>	PPAC- AB	Jewel Shewchuk	at 2016 AB Age Group and Senior Championships	
	1500 Free	19:12.73	<b>5-May-16</b>	PPAC- AB	Jewel Shewchuk	at Edmonton Keyano International 2016	
	100 Back	1:11.83	<b>23-May-14</b>	PPAC	Shelby Krassilowsky	at Northern Lights Invitational	
	200 Back	2:35.13	<b>23-Jul-14</b>	PPAC	Shelby Krassilowsky	at 2014 Canadian Age Group Championsl	
	100 Breast	1:18.67	<b>16-Mar-23</b>	PPAC	Sarah E. Harbin	at 2023 Speedo Western Canadian Champio	
	200 Breast	2:50.73	<b>25-Jul-22</b>	PPAC	Haylee L. Beeler	at 2022 Speedo Canadian Junior & Senior Cl	
	100 Fly	1:13.44	<b>6-May-22</b>	PPAC	Haylee L. Beeler	at Northern Lights 2022	
	200 Fly	2:40.29	<b>25-Jul-22</b>	PPAC	Haylee L. Beeler	at 2022 Speedo Canadian Junior & Senior Cl	
	200 IM	2:34.95	<b>25-Jul-22</b>	PPAC	Haylee L. Beeler	at 2022 Speedo Canadian Junior & Senior Cl	
	400 IM	5:37.34	<b>5-May-23</b>	PPAC- AB	Peyton O. Tucker	at Northern Lights 2023	
	14-14	50 Free	27.95	<b>4-Feb-22</b>	PPAC- AB	Dakota L. Howard	at Edmonton Open 2022
		100 Free	1:01.04	<b>26-Feb-22</b>	PPAC- AB	Dakota L. Howard	at Western Transmountain Festival
200 Free		2:17.08	<b>24-Jul-25</b>	PPAC- AB	Astra L. Kapicki	at 2025 Summer Provincial Championships LC	
400 Free		4:45.73	<b>20-Mar-25</b>	PPAC- AB	Astra L. Kapicki	at Winter Provincial Championships LC	
800 Free		9:45.69	<b>24-Jul-25</b>	PPAC- AB	Astra L. Kapicki	at 2025 Summer Provincial Championships LC	
1500 Free		19:02.65	<b>24-Jul-25</b>	PPAC- AB	Astra L. Kapicki	at 2025 Summer Provincial Championships LC	
100 Back		1:05.75	<b>4-Feb-22</b>	PPAC- AB	Dakota L. Howard	at Edmonton Open 2022	
200 Back		2:25.52	<b>4-Feb-22</b>	PPAC- AB	Dakota L. Howard	at Edmonton Open 2022	
100 Breast		1:18.05	<b>7-Mar-24</b>	PPAC	Peyton O. Tucker	at 2024 Provincial Championships LC	
200 Breast		2:50.37	<b>21-Mar-24</b>	PPAC	Peyton O. Tucker	at 2024 Speedo Western Canadian Champi	
100 Fly		1:07.98	<b>24-Jul-25</b>	PPAC- AB	Astra L. Kapicki	at 2025 Summer Provincial Championships LC	
200 Fly		2:38.49	<b>24-Jul-25</b>	PPAC- AB	Astra L. Kapicki	at 2025 Summer Provincial Championships LC	
200 IM		2:29.19	<b>21-Mar-24</b>	PPAC	Peyton O. Tucker	at 2024 Speedo Western Canadian Champi	
400 IM		5:23.95	<b>4-Feb-22</b>	PPAC	Dakota L. Howard	at Edmonton Open 2022	
15-15	50 Free	26.28	<b>7-Aug-22</b>	TAB	Dakota L. Howard	at 2022 Canada Games Swimming	
	100 Free	57.98	<b>2-Mar-23</b>	PPAC- AB	Dakota L. Howard	at 2023 Provincial Championships LC	
	200 Free	2:10.38	<b>3-Jun-22</b>	TAB- AB	Dakota L. Howard	at Mel Zajac Jr. International 20	
	400 Free	4:50.78	<b>7-Jul-22</b>	PPAC- AB	Dakota L. Howard	at Edmonton Keyano International 2022	
	800 Free	9:42.94	<b>12-Apr-18</b>	PPAC	Jewel Shewchuk	at 2018 Speedo Western Canadian Champi	
	1500 Free	18:30.48	<b>12-Apr-18</b>	PPAC	Jewel Shewchuk	at 2018 Speedo Western Canadian Champi	
	100 Back	1:04.30	<b>25-Jul-22</b>	PPAC- AB	Dakota L. Howard	at 2022 Speedo Canadian Junior & Senior Champ	
	200 Back	2:23.80	<b>21-Apr-22</b>	PPAC	Dakota L. Howard	at 2021 Speedo Western Canadian Champ	
	100 Breast	1:16.96	<b>20-Mar-25</b>	PPAC- AB	Sarah E. Harbin	at Winter Provincial Championships LC	
	200 Breast	2:53.54	<b>21-Apr-22</b>	PPAC- AB	Dakota L. Howard	at 2021 Speedo Western Canadian Championship	
	100 Fly	1:06.05	<b>25-Jul-22</b>	PPAC	Dakota L. Howard	at 2022 Speedo Canadian Junior & Senior	
	200 Fly	2:39.75	<b>4-Jul-13</b>	PPAC	Tayva Fald	at 2013 Speedo AB Age Group & Senior Champ	
	200 IM	2:25.09	<b>21-Apr-22</b>	PPAC	Dakota L. Howard	at 2021 Speedo Western Canadian Champ	
	400 IM	5:25.88	<b>25-Jul-24</b>	PPAC	Peyton O. Tucker	at 2024 Summer Provincials LC	
	16-16	50 Free	26.51	<b>28-Mar-23</b>	PPAC- AB	Dakota L. Howard	at 2023 Canadian Swimming Trials
100 Free		57.42	<b>1-Aug-23</b>	PPAC	Dakota L. Howard	at 2023 Speedo Canadian Swimming	
200 Free		2:09.35	<b>1-Aug-23</b>	PPAC	Dakota L. Howard	at 2023 Speedo Canadian Swimming	
400 Free		5:09.22	<b>3-Jul-25</b>	PPAC- AB	Peyton O. Tucker	at Edmonton Keyano International 2025	
800 Free		11:52.67	<b>18-Jan-25</b>	PPAC- AB	Sadie G. Mouser	at Winterfest 2024	
1500 Free		11:11.11	<b>17-Jul-24</b>	...			

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**RECORDS Single Age Group LC**

16-16	100	Back	1:03.70	<b>28-Mar-23</b>	PPAC	Dakota L. Howard	at 2023 Canadian Swimming Trials	
	200	Back	2:26.69	<b>1-Aug-23</b>	PPAC- AB	Dakota L. Howard	at 2023 Speedo Canadian Swimming	
	100	Breast	1:21.40	<b>29-Apr-23</b>	PPAC- AB	Dakota L. Howard	at Speed Demon Distance Diva Invite (SD3I)	
	200	Breast	3:00.31	<b>3-Jul-25</b>	PPAC- AB	Peyton O. Tucker	at Edmonton Keyano International 2025	
	100	Fly	1:06.71	<b>27-Jul-23</b>	PPAC- AB	Dakota L. Howard	at 2023 Summer Provincials LC	
	200	Fly	3:22.43	<b>3-May-24</b>	PPAC	Sadie G. Mouser	at Northern Lights 2024	
	200	IM	2:30.21	<b>29-Apr-23</b>	PPAC- AB	Dakota L. Howard	at Speed Demon Distance Diva Invite (SD3I)	
	400	IM	5:40.91	<b>24-Jul-25</b>	PPAC- AB	Peyton O. Tucker	at 2025 Summer Provincial Championships LC	
17-17	50	Free	32.12	<b>21-Feb-25</b>	PPAC- AB	Zoe M. van Keulen	at WTF 2025 III	
	100	Free	1:11.38	<b>27-Jun-25</b>	PPAC- AB	Zoe M. van Keulen	at 2025 Summer Provincial Trials	
	200	Free	2:49.55	<b>28-Apr-12</b>	PPAC- AB	Anna Stuart	at 2012 Septathlon	
	400	Free	6:07.94	<b>28-Apr-12</b>	PPAC	Grace Tworek	at 2012 Septathlon	
	800	Free	55:55.55	<b>3-Jul-24</b>		...		
	1500	Free	56:56.56	<b>8-Jul-24</b>		...		
	100	Back	1:26.37	<b>21-Feb-25</b>	PPAC- AB	Zoe M. van Keulen	at WTF 2025 III	
	200	Back	3:08.38	<b>2-May-25</b>	PPAC- AB	Sadie G. Mouser	at Northern Lights 2025	
	100	Breast	1:37.31	<b>2-May-25</b>	PPAC- AB	Sadie G. Mouser	at Northern Lights 2025	
	200	Breast	3:25.56	<b>2-May-25</b>	PPAC- AB	Sadie G. Mouser	at Northern Lights 2025	
	100	Fly	1:15.58	<b>27-Jun-25</b>	PPAC- AB	Zoe M. van Keulen	at 2025 Summer Provincial Trials	
	200	Fly	3:10.67	<b>2-May-25</b>	PPAC- AB	Sadie G. Mouser	at Northern Lights 2025	
	200	IM	11:11.11	<b>16-Jul-24</b>		...		
	400	IM	6:52.05	<b>26-May-12</b>	PPAC	Anna Stuart	at 14th Annual Silver Cup Invitational	
	Open	50	Free	26.28	<b>7-Aug-22</b>	TAB	Dakota L. Howard	at 2022 Canada Games Swimming
		100	Free	57.42	<b>1-Aug-23</b>	PPAC	Dakota L. Howard	at 2023 Speedo Canadian Swimming
200		Free	2:09.35	<b>1-Aug-23</b>	PPAC	Dakota L. Howard	at 2023 Speedo Canadian Swimming	
400		Free	4:45.73	<b>20-Mar-25</b>	PPAC- AB	Astra L. Kapicki	at Winter Provincial Championships LC	
800		Free	9:42.94	<b>12-Apr-18</b>	PPAC	Jewel Shewchuk	at 2018 Speedo Western Canadian Champi	
1500		Free	18:30.48	<b>12-Apr-18</b>	PPAC	Jewel Shewchuk	at 2018 Speedo Western Canadian Champi	
50		Back	29.26	<b>2-Feb-24</b>	PPAC	Dakota L. Howard	at Edmonton Open 2024	
100		Back	1:03.70	<b>28-Mar-23</b>	PPAC	Dakota L. Howard	at 2023 Canadian Swimming Trials	
200		Back	2:23.80	<b>21-Apr-22</b>	PPAC	Dakota L. Howard	at 2021 Speedo Western Canadian Champ	
50		Breast	35.42	<b>21-Mar-24</b>	PPAC	Sarah E. Harbin	at 2024 Speedo Western Canadian Champio	
100		Breast	1:16.96	<b>20-Mar-25</b>	PPAC- AB	Sarah E. Harbin	at Winter Provincial Championships LC	
200		Breast	2:50.37	<b>21-Mar-24</b>	PPAC	Peyton O. Tucker	at 2024 Speedo Western Canadian Champi	
50		Fly	28.44	<b>2-Mar-23</b>	PPAC	Dakota L. Howard	at 2023 Provincial Championships LC	
100		Fly	1:06.05	<b>25-Jul-22</b>	PPAC	Dakota L. Howard	at 2022 Speedo Canadian Junior & Senior	
200		Fly	2:38.49	<b>24-Jul-25</b>	PPAC- AB	Astra L. Kapicki	at 2025 Summer Provincial Championships LC	
200		IM	2:25.09	<b>21-Apr-22</b>	PPAC	Dakota L. Howard	at 2021 Speedo Western Canadian Champ	
400		IM	5:23.95	<b>4-Feb-22</b>	PPAC	Dakota L. Howard	at Edmonton Open 2022	

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**RECORDS Single Age Group LC**
**LC Meters-Male**

10-10	50 Free	30.75	<b>1-Jul-11</b>	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC	
	100 Free	1:11.54	<b>1-Jul-11</b>	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC	
	200 Free	2:57.26	<b>26-Apr-14</b>	PPAC- AB	Finn Crowe at SPSC Mayflower LC 2014	
	400 Free	6:18.00	<b>26-Apr-14</b>	PPAC- AB	Finn Crowe at SPSC Mayflower LC 2014	
	50 Back	37.98	<b>1-Jul-11</b>	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC	
	100 Back	1:25.24	<b>1-Jul-11</b>	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC	
	200 Back	3:29.61	<b>3-Jun-23</b>	PPAC	Jasper M. Nelson at 2023 Silver Rays Invitational	
	50 Breast	40.91	<b>1-Jul-11</b>	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC	
	100 Breast	1:34.24	<b>1-Jul-11</b>	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC	
	200 Breast	4:22.75	<b>3-May-24</b>	PPAC	Jack W. Mouser at Northern Lights 2024	
	50 Fly	36.41	<b>1-Jul-11</b>	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC	
	100 Fly	1:53.00	<b>3-Jun-23</b>	PPAC- AB	Jasper M. Nelson at 2023 Silver Rays Invitational	
	200 Fly	3:52.23	<b>3-May-24</b>	PPAC	Jasper M. Nelson at Northern Lights 2024	
	200 IM	3:17.96	<b>30-Apr-11</b>	PPAC- AB	Marco Bagnasco at Leduc Otters Spring Invitational Meet	
	11-11	50 Free	28.43	<b>5-Jul-12</b>	PPAC- AB	Marco Bagnasco at 2012 Speedo Age Group & Senior Championship
		100 Free	1:04.64	<b>5-Jul-12</b>	PPAC- AB	Marco Bagnasco at 2012 Speedo Age Group & Senior Championship
200 Free		2:28.86	<b>26-May-12</b>	PPAC- AB	Marco Bagnasco at 14th Annual Silver Cup Invitational	
400 Free		5:22.77	<b>28-Apr-12</b>	PPAC- AB	Marco Bagnasco at 2012 Septathlon	
800 Free		11:16.43	<b>2-Jul-15</b>	PPAC- AB	Finn Crowe at 2015 Speedo Age Group and Senior Champs	
1500 Free		54:54.54	<b>16-Jul-24</b>		...	
50 Back		34.21	<b>28-Apr-12</b>	PPAC- AB	Marco Bagnasco at 2012 Septathlon	
100 Back		1:14.34	<b>5-Jul-12</b>	PPAC- AB	Marco Bagnasco at 2012 Speedo Age Group & Senior Championship	
200 Back		2:44.70	<b>26-May-12</b>	PPAC- AB	Marco Bagnasco at 14th Annual Silver Cup Invitational	
50 Breast		39.74	<b>28-Apr-12</b>	PPAC- AB	Marco Bagnasco at 2012 Septathlon	
100 Breast		1:27.91	<b>5-Jul-12</b>	PPAC- AB	Marco Bagnasco at 2012 Speedo Age Group & Senior Championship	
200 Breast		3:13.62	<b>26-May-12</b>	PPAC- AB	Marco Bagnasco at 14th Annual Silver Cup Invitational	
50 Fly		34.41	<b>7-Jul-22</b>	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2022	
100 Fly		1:22.77	<b>7-Jul-22</b>	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2022	
200 Fly		3:23.41	<b>2-May-25</b>	PPAC- AB	Jasper M. Nelson at Northern Lights 2025	
400 IM		6:01.94	<b>26-May-12</b>	PPAC	Marco Bagnasco at 14th Annual Silver Cup Invitational	
12-12	50 Free	27.03	<b>4-Jul-13</b>	PPAC- AB	Marco Bagnasco at 2013 Speedo AB Age Group & Senior Champs LC	
	100 Free	1:00.18	<b>4-Jul-13</b>	PPAC- AB	Marco Bagnasco at 2013 Speedo AB Age Group & Senior Champs LC	
	200 Free	2:22.27	<b>20-Apr-13</b>	PPAC- AB	Marco Bagnasco at Lasers Septathlon	
	400 Free	5:09.52	<b>2-Jun-23</b>	PPAC- AB	Bruce Wurban at CSI: 2023 Fukuoka Funk (Redux)	
	800 Free	10:34.84	<b>5-May-16</b>	PPAC- AB	Finn Crowe at Edmonton Keyano International 2016	
	1500 Free	20:46.02	<b>5-May-23</b>	PPAC- AB	Bruce Wurban at Northern Lights 2023	
	50 Back	31.45	<b>24-Jul-13</b>	PPAC- AB	Marco Bagnasco at 2013 Canadian Age Group Championships	
	100 Back	1:09.98	<b>30-May-13</b>	PPAC- AB	Marco Bagnasco at CSI: 2013	
	200 Back	2:38.41	<b>6-Jul-23</b>	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2023	
	50 Breast	34.41	<b>24-Jul-13</b>	PPAC	Marco Bagnasco at 2013 Canadian Age Group Championships	
	100 Breast	1:20.24	<b>25-May-13</b>	PPAC- AB	Marco Bagnasco at 15th Annual Silver Cup Invitational	
	200 Breast	3:04.11	<b>20-Apr-13</b>	PPAC	Marco Bagnasco at Lasers Septathlon	
	50 Fly	30.16	<b>30-May-13</b>	PPAC- AB	Marco Bagnasco at CSI: 2013	
	100 Fly	1:16.90	<b>5-May-23</b>	PPAC- AB	Bruce Wurban at Northern Lights 2023	
	200 Fly	3:05.40	<b>5-May-23</b>	PPAC- AB	Bruce Wurban at Northern Lights 2023	
	200 IM	2:29.28	<b>30-May-13</b>	PPAC	Marco Bagnasco at CSI: 2013	
400 IM	6:00.06	<b>2-Jun-23</b>	PPAC- AB	Bruce Wurban at CSI: 2023 Fukuoka Funk (Redux)		

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**RECORDS Single Age Group LC**

13-13	50 Free	25.97	<b>3-Jul-14</b>	PPAC- AB	Marco Bagnasco at 2014 Speedo Age Group and Senior Championsl	
	100 Free	56.91	<b>23-Jul-14</b>	PPAC	Marco Bagnasco at 2014 Canadian Age Group Championshi	
	200 Free	2:14.51	<b>4-Jul-24</b>	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2024	
	400 Free	4:42.11	<b>4-Jul-24</b>	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2024	
	800 Free	9:58.93	<b>27-Apr-24</b>	PPAC- AB	Bruce Wurban at Speed Demon Distance Diva Invite (SD3I) 2024	
	1500 Free	18:50.88	<b>31-May-24</b>	PPAC- AB	Bruce Wurban at CSI: 2024 Paris-Roubaix	
	100 Back	1:03.90	<b>3-Jul-14</b>	PPAC- AB	Marco Bagnasco at 2014 Speedo Age Group and Senior Championsl	
	200 Back	2:29.97	<b>1-May-14</b>	PPAC- AB	Marco Bagnasco at Edmonton Keyano International 2014	
	100 Breast	1:19.09	<b>1-May-14</b>	PPAC	Marco Bagnasco at Edmonton Keyano International 2014	
	200 Breast	2:55.75	<b>5-Jul-12</b>	PPAC- AB	Matteo Bagnasco at 2012 Speedo Age Group & Senior Championshi	
	100 Fly	1:05.88	<b>4-Jul-24</b>	PPAC	Bruce Wurban at Edmonton Keyano International 2024	
	200 Fly	2:39.40	<b>27-Apr-24</b>	PPAC	Bruce Wurban at Speed Demon Distance Diva Invite (SD3I)	
	200 IM	2:30.22	<b>31-May-24</b>	PPAC	Bruce Wurban at CSI: 2024 Paris-Roubaix	
	400 IM	5:30.68	<b>31-May-24</b>	PPAC	Bruce Wurban at CSI: 2024 Paris-Roubaix	
	14-14	50 Free	25.36	<b>2-Jul-15</b>	PPAC	Marco Bagnasco at 2015 Speedo Age Group and Senior Cha
		100 Free	58.34	<b>3-Jul-25</b>	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2025
		200 Free	2:09.50	<b>3-Jul-25</b>	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2025
400 Free		4:39.43	<b>25-Jul-24</b>	PPAC	Bruce Wurban at 2024 Summer Provincials LC	
800 Free		9:50.90	<b>25-Jul-24</b>	PPAC	Bruce Wurban at 2024 Summer Provincials LC	
1500 Free		18:39.78	<b>25-Jul-24</b>	PPAC	Bruce Wurban at 2024 Summer Provincials LC	
100 Back		1:02.46	<b>2-Jul-15</b>	PPAC	Marco Bagnasco at 2015 Speedo Age Group and Senior Cha	
200 Back		2:25.42	<b>30-Jan-15</b>	PPAC	Marco Bagnasco at 2015 Speedo Alberta Open 1	
100 Breast		1:16.74	<b>3-Jul-25</b>	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2025	
200 Breast		2:47.11	<b>30-May-13</b>	PPAC	Matteo Bagnasco at CSI: 2013	
100 Fly		1:02.90	<b>20-Mar-25</b>	PPAC- AB	Marco	
200 Fly		2:24.40	<b>30-Jun-16</b>	PPAC	Kail Ketelaars at 2016 AB Age Group and Senior Champions	
200 IM		2:25.48	<b>30-Jun-16</b>	PPAC- AB	Kail Ketelaars at 2016 AB Age Group and Senior Championships	
400 IM		5:16.40	<b>30-Jun-16</b>	PPAC- AB	Kail Ketelaars at 2016 AB Age Group and Senior Championships	
15-15	50 Free	25.65	<b>25-Jul-24</b>	PPAC	Tristan Petryshen-Kozak at 2024 Summer Provincials LC	
	100 Free	58.38	<b>4-Jul-13</b>	PPAC- AB	Jayden Neumann at 2013 Speedo AB Age Group & Senior Champs L	
	200 Free	2:11.49	<b>20-Apr-13</b>	PPAC- AB	Jayden Neumann at Lasers Septathlon	
	400 Free	4:35.65	<b>5-May-17</b>	PPAC	Kail Ketelaars at Edmonton Keyano Invitational	
	800 Free	9:46.08	<b>30-Jun-16</b>	PPAC	Dylan Bacchus at 2016 AB Age Group and Senior Champior	
	1500 Free	17:44.71	<b>5-May-17</b>	PPAC	Kail Ketelaars at Edmonton Keyano Invitational	
	100 Back	1:02.33	<b>6-Jul-17</b>	PPAC	Kail Ketelaars at Summer Championships	
	200 Back	2:18.93	<b>17-Mar-17</b>	PPAC	Kail Ketelaars at Spring Championships	
	100 Breast	1:12.58	<b>17-Mar-17</b>	PPAC	Kail Ketelaars at Spring Championships	
	200 Breast	2:44.34	<b>17-Mar-17</b>	PPAC	Kail Ketelaars at Spring Championships	
	100 Fly	1:03.06	<b>30-Jun-16</b>	PPAC- AB	Ryan Boll at 2016 AB Age Group and Senior Championships	
	200 Fly	2:31.32	<b>24-Jul-25</b>	PPAC- AB	Bruce Wurban at 2025 Summer Provincial Championships LC	
	200 IM	2:18.78	<b>17-Mar-17</b>	PPAC	Kail Ketelaars at Spring Championships	
	400 IM	4:55.61	<b>17-Mar-17</b>	PPAC	Kail Ketelaars at Spring Championships	
	16-16	50 Free	25.88	<b>23-May-14</b>	PPAC	Jayden Neumann at Northern Lights Invitational
100 Free		56.99	<b>27-May-17</b>	PPAC- AB	Ryan Boll at 19th Annual Silvercup Invitational	
200 Free		2:05.13	<b>4-Jul-13</b>	PPAC	Ian Simons at 2013 Speedo AB Age Group & Senior Cham	
400 Free		4:26.31	<b>4-Jul-13</b>	PPAC	Ian Simons at 2013 Speedo AB Age Group & Senior Cham	
800 Free		43:43.43	<b>12-Jul-24</b>	..	..	
1500 Free		32:32.32	<b>29-Jul-24</b>	..	..	
100 Back		1:05.61	<b>6-Jul-17</b>	PPAC- AB	Ryan Boll at Summer Championships	

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**RECORDS Single Age Group LC**

16-16	200 Back	2:22.87	<b>4-Jul-13</b>	PPAC	Ian Simons	at 2013 Speedo AB Age Group & Senior Cham
	100 Breast	1:18.80	<b>25-Jul-24</b>	PPAC	Daniel Shevchuk	at 2024 Summer Provincials LC
	200 Breast	3:16.54	<b>1-Jun-24</b>	PPAC- AB	Thevindu Weeramange	at 2024 SilverRays Invitational
	100 Fly	1:03.84	<b>6-Jul-17</b>	PPAC- AB	Ryan Boll	at Summer Championships
	200 Fly	5:44.32	<b>16-Jul-24</b>	..	..	..
	200 IM	2:20.53	<b>20-Apr-17</b>	PPAC- AB	Kail Ketelaars	at 2017 Canadian Western Swimming Championship:
	400 IM	5:04.43	<b>20-Apr-17</b>	PPAC- AB	Kail Ketelaars	at 2017 Canadian Western Swimming Championship:
17-17	50 Free	25.73	<b>11-May-18</b>	PPAC- AB	Ryan Boll	at Edmonton Keyano Invitational 2
	100 Free	56.52	<b>1-Jun-18</b>	PPAC- AB	Ryan Boll	at 2nd Annual TRU Wolfpack Invitational
	400 Free	5:13.56	<b>21-Apr-18</b>	PPAC- AB	Ryan Boll	at SPSC Mayflower LC 2018
	800 Free	55:55.55	<b>17-Jul-24</b>	..	..	..
	1500 Free	56:56.56	<b>16-Jul-24</b>	..	..	..
	100 Back	1:05.88	<b>15-Mar-18</b>	PPAC- AB	Ryan Boll	at Spring Championships
	200 Back	2:32.83	<b>1-Jun-18</b>	PPAC- AB	Ryan Boll	at 2nd Annual TRU Wolfpack Invitational
	100 Breast	1:16.09	<b>24-Jul-25</b>	PPAC- AB	Daniel Shevchuk	at 2025 Summer Provincial Championships LC
	200 Breast	2:55.63	<b>24-Jul-25</b>	PPAC- AB	Daniel Shevchuk	at 2025 Summer Provincial Championships LC
	100 Fly	1:00.47	<b>11-May-18</b>	PPAC	Ryan Boll	at Edmonton Keyano Invitational 2
	200 Fly	11:11.11	<b>3-Jul-24</b>	..	..	..
	200 IM	2:32.06	<b>21-Apr-18</b>	PPAC- AB	Ryan Boll	at SPSC Mayflower LC 2018
	400 IM	11:11.11	<b>16-Jul-24</b>	...	...	...
	Open	50 Free	24.81	<b>2-Feb-24</b>	PPAC	Ryan Boll
100 Free		54.89	<b>27-Apr-24</b>	PPAC	Ryan Boll	at Speed Demon Distance Diva Invite (SD3I) 20
200 Free		2:05.13	<b>4-Jul-13</b>	PPAC	Ian Simons	at 2013 Speedo AB Age Group & Senior Cham
400 Free		4:26.31	<b>4-Jul-13</b>	PPAC	Ian Simons	at 2013 Speedo AB Age Group & Senior Cham
800 Free		9:46.08	<b>30-Jun-16</b>	PPAC	Dylan Bacchus	at 2016 AB Age Group and Senior Champior
1500 Free		17:44.71	<b>5-May-17</b>	PPAC	Kail Ketelaars	at Edmonton Keyano Invitational
50 Back		28.02	<b>21-Mar-24</b>	PPAC	Ryan Boll	at 2024 Speedo Western Canadian Championsl
100 Back		1:02.33	<b>6-Jul-17</b>	PPAC	Kail Ketelaars	at Summer Championships
200 Back		2:18.93	<b>17-Mar-17</b>	PPAC	Kail Ketelaars	at Spring Championships
50 Breast		32.46	<b>2-Feb-24</b>	PPAC	Ryan Boll	at Edmonton Open 2024
100 Breast		1:12.58	<b>17-Mar-17</b>	PPAC	Kail Ketelaars	at Spring Championships
200 Breast		2:44.34	<b>17-Mar-17</b>	PPAC	Kail Ketelaars	at Spring Championships
50 Fly		25.98	<b>2-Feb-24</b>	PPAC	Ryan Boll	at Edmonton Open 2024
100 Fly		1:00.47	<b>11-May-18</b>	PPAC	Ryan Boll	at Edmonton Keyano Invitational 2
200 Fly		2:24.40	<b>30-Jun-16</b>	PPAC	Kail Ketelaars	at 2016 AB Age Group and Senior Champions
200 IM		2:18.78	<b>17-Mar-17</b>	PPAC	Kail Ketelaars	at Spring Championships
400 IM		4:55.61	<b>17-Mar-17</b>	PPAC	Kail Ketelaars	at Spring Championships