



2026 Keating Spring Schedule

Starts 4/6 (The schedule is subject to change in order to best serve the needs of all groups)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NATIONAL Starts 4/13	Sw 5:30-7:00 am TT 3:40-4:10 pm Sw 4:20-6:00 pm	Sw 3:50-5:50 pm DL 6:00-6:50 pm	DL 5:30-6:10 am Sw 6:20-7:00 am Sw 4:00-6:00 pm	Sw 3:50-5:50 pm DL 6:00-6:50 pm	Sw 5:30-7:00 am	DL 7:50-8:50 am Sw 9:00-11:20 am
SENIOR Starts 4/6	Sw 3:50-5:50 pm DL 6:00-6:40 pm	Sw 4:00-6:00 pm	Sw 3:50-5:50 pm DL 6:00-6:40 pm	Sw 4:00-6:00 pm	Sw 5:10-7:00 am	Dyn 6:50 am Sw 7:00-9:00 am DL 9:10-10:00 am
BLUE Starts 4/6	DL 5:30-6:00 pm Sw 6:10-8:00 pm	Dyn 5:30 pm Sw 5:50-7:30 pm	DL 5:30-6:00 pm Sw 6:10-8:00 pm	Dyn 5:30 pm Sw 5:50-7:30 pm	Dyn 4:30 pm Sw 4:50-6:40 pm	Dyn 6:50 am Sw 7:00-9:00 am DL 9:10-10:00 am
GOLD Starts 4/6	Sw 6:00-7:30 pm	DL 6:00-6:30 pm Sw 6:35-8:05 pm	OFF	DL 6:00-6:30 pm Sw 6:35-8:05 pm	Sw 5:45-7:15 pm	DL 8:20 am Sw 9:00-10:30 am
SILVER Starts 4/6	DL 6:40-7:10 pm Sw 7:15-8:30 pm	Sw 6:15-7:30 pm	DL 6:40-7:10 pm Sw 7:15-8:30 pm	Sw 6:15-7:30 pm	OFF	DL 10:00 am Sw 10:35-11:50 am
BRONZE Starts 4/6	DL 6:00 pm Sw 6:15-7:15 pm	OFF	DL 6:00 pm Sw 6:15-7:15 pm	OFF	Sw 5:45-6:45 pm	DL 10:45 am Sw 11:00 am-12:00 pm