

Everything Is Earned

RECORDS Single Age Group LC

LC Meters-Female

10-10	50	Free	32.45	1-May-14	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	100	Free	1:07.75	1-May-14	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	200	Free	2:44.80	1-May-14	PPAC	Jasmine Bagnasco at Edmonton Keyano International 2014
	400	Free	5:38.25	1-May-14	PPAC	Jasmine Bagnasco at Edmonton Keyano International 2014
	50	Back	38.33	1-May-14	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	100	Back	1:29.20	3-May-24	PPAC	Sofia H. Inaba at Northern Lights 2024
	200	Back	3:14.10	4-Jul-13	PPAC	Jasmine Bagnasco at 2013 Speedo AB Age Group & Senior Champs LC
	50	Breast	45.42	1-May-14	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	100	Breast	1:46.87	27-Jul-23	PPAC- AB	Lucy C. van Keulen at 2023 Summer Provincials LC
	200	Breast	3:44.19	29-Apr-23	PPAC	Jade M. Kapicki at Speed Demon Distance Diva Invite (SD3I)
	50	Fly	36.14	1-May-14	PPAC- AB	Jasmine Bagnasco at Edmonton Keyano International 2014
	100	Fly	1:23.82	5-May-17	PPAC	Payton Loon at Edmonton Keyano Invitational
	200	Fly	3:34.02	3-May-24	PPAC- AB	Sofia H. Inaba at Northern Lights 2024
	200	IM	3:03.34	1-May-14	PPAC	Jasmine Bagnasco at Edmonton Keyano International 2014
11-11	50	Free	30.22	23-May-15	PPAC- AB	Jasmine Bagnasco at 17th Annual Silver Cup Invitational
	100	Free	1:05.84	6-May-22	PPAC	Elise Cooke at Northern Lights 2022
	200	Free	2:20.88	3-Jun-22	PPAC	Elise Cooke at 2022 SiverRays Invitational
	400	Free	4:52.63	28-Jul-22	PPAC	Elise Cooke at 2022 Summer Provincials
	800	Free	10:08.41	28-Jul-22	PPAC	Elise Cooke at 2022 Summer Provincials
	1500	Free	19:47.56	7-Jul-22	PPAC	Elise Cooke at Edmonton Keyano International 2022
	50	Back	36.37	25-Apr-15	PPAC- AB	Olivia Harvey at SPSC Mayflower LC 2015
	100	Back	1:17.83	19-Mar-26	PPAC- AB	Kinnley Williams at Winter Provincial Championships
	200	Back	2:44.61	1-May-26	PPAC- AB	Kinnley Williams at 2026 KSC LC Invitational
	50	Breast	39.45	3-Jun-22	PPAC	Elise Cooke at 2022 SiverRays Invitational
	100	Breast	1:24.83	6-May-22	PPAC	Elise Cooke at Northern Lights 2022
	200	Breast	2:59.48	17-Mar-22	PPAC	Elise Cooke at 2022 Provincial Championships
	50	Fly	32.98	23-May-15	PPAC- AB	Jasmine Bagnasco at 17th Annual Silver Cup Invitational
	100	Fly	1:18.42	3-Jun-22	PPAC	Elise Cooke at 2022 SiverRays Invitational
	200	Fly	3:03.42	7-Jul-22	PPAC	Elise Cooke at Edmonton Keyano International 2022
	200	IM	2:40.91	28-Jul-22	PPAC	Elise Cooke at 2022 Summer Provincials
	400	IM	5:44.17	28-Jul-22	PPAC	Elise Cooke at 2022 Summer Provincials
12-12	50	Free	28.66	30-Apr-22	PPAC	Anna T. Penny at 2022 PZDA
	100	Free	1:04.59	24-Jul-13	PPAC	Shelby Krassilowsky at 2013 Canadian Age Group Championships
	200	Free	2:21.86	7-Feb-20	PPAC- AB	Dakota L. Howard at Edmonton Open 2020
	400	Free	5:07.15	17-Mar-22	PPAC	Anna T. Penny at 2022 Provincial Championships
	800	Free	10:44.06	3-Jun-22	PPAC	Anna T. Penny at 2022 SiverRays Invitational
	1500	Free	20:03.20	7-Feb-20	PPAC- AB	Dakota L. Howard at Edmonton Open 2020
	50	Back	34.14	7-Feb-20	PPAC- AB	Dakota L. Howard at Edmonton Open 2020
	100	Back	1:13.93	7-Feb-20	PPAC- AB	Dakota L. Howard at Edmonton Open 2020
	200	Back	2:37.96	2-Jul-15	PPAC	Olivia Harvey at 2015 Speedo Age Group and Senior Champs
	50	Breast	36.98	4-Jul-13	PPAC- AB	Sena Lovsin at 2013 Speedo AB Age Group & Senior Champs LC
	100	Breast	1:21.39	4-Jul-13	PPAC- AB	Sena Lovsin at 2013 Speedo AB Age Group & Senior Champs LC
	200	Breast	3:03.41	28-Jul-22	PPAC- AB	Sarah E. Harbin at 2022 Summer Provincials
	50	Fly	31.36	17-Mar-22	PPAC	Anna T. Penny at 2022 Provincial Championships
	100	Fly	1:15.43	20-Apr-13	PPAC	Shelby Krassilowsky at Lasers Septathlon
	200	Fly	2:57.81	17-Mar-22	PPAC- AB	Sydney A. Tucker at 2022 Provincial Championships
	200	IM	2:45.91	2-Jul-15	PPAC	Olivia Harvey at 2015 Speedo Age Group and Senior Champs
	400	IM	5:54.50	6-May-22	PPAC- AB	Peyton O. Tucker at Northern Lights 2022

Everything Is Earned

RECORDS Single Age Group LC

13-13	50	Free	28.88	23-Jul-26	PPAC- AB	Lucy C. van Keulen at 2026 Summer Provincial Championships
	100	Free	1:03.76	2-Jun-23	PPAC- AB	Peyton O. Tucker at CSI: 2023 Fukuoka Funk (Redux)
	200	Free	2:20.21	2-Jun-23	PPAC- AB	Peyton O. Tucker at CSI: 2023 Fukuoka Funk (Redux)
	400	Free	4:55.77	28-May-16	PPAC- AB	Jewel Shewchuk at Stonebridge Northern Lights Invitational
	800	Free	10:08.26	30-Jun-16	PPAC- AB	Jewel Shewchuk at 2016 AB Age Group and Senior Championships
	1500	Free	19:12.73	5-May-16	PPAC- AB	Jewel Shewchuk at Edmonton Keyano International 2016
	100	Back	1:11.83	23-May-14	PPAC	Shelby Krassilowsky at Northern Lights Invitational
	200	Back	2:35.13	23-Jul-14	PPAC	Shelby Krassilowsky at 2014 Canadian Age Group Championships
	100	Breast	1:18.67	16-Mar-23	PPAC	Sarah E. Harbin at 2023 Speedo Western Canadian Championships
	200	Breast	2:50.73	25-Jul-22	PPAC	Haylee L. Beeler at 2022 Speedo Canadian Junior & Senior Champs
	100	Fly	1:12.99	2-Jul-26	PPAC- AB	Lucy C. van Keulen at Edmonton Keyano International 2026
	200	Fly	2:40.29	25-Jul-22	PPAC	Haylee L. Beeler at 2022 Speedo Canadian Junior & Senior Champs
	200	IM	2:34.95	25-Jul-22	PPAC	Haylee L. Beeler at 2022 Speedo Canadian Junior & Senior Champs
	400	IM	5:37.34	5-May-23	PPAC- AB	Peyton O. Tucker at Northern Lights 2023
14-14	50	Free	27.95	4-Feb-22	PPAC- AB	Dakota L. Howard at Edmonton Open 2022
	100	Free	1:01.04	26-Feb-22	PPAC- AB	Dakota L. Howard at Western Transmountain Festival
	200	Free	2:17.08	24-Jul-25	PPAC- AB	Astra L. Kapicki at 2025 Summer Provincial Championships LC
	400	Free	4:45.73	20-Mar-25	PPAC- AB	Astra L. Kapicki at Winter Provincial Championships LC
	800	Free	9:45.69	24-Jul-25	PPAC- AB	Astra L. Kapicki at 2025 Summer Provincial Championships LC
	1500	Free	19:02.65	24-Jul-25	PPAC- AB	Astra L. Kapicki at 2025 Summer Provincial Championships LC
	100	Back	1:05.75	4-Feb-22	PPAC- AB	Dakota L. Howard at Edmonton Open 2022
	200	Back	2:25.52	4-Feb-22	PPAC- AB	Dakota L. Howard at Edmonton Open 2022
	100	Breast	1:18.05	7-Mar-24	PPAC	Peyton O. Tucker at 2024 Provincial Championships LC
	200	Breast	2:50.37	21-Mar-24	PPAC	Peyton O. Tucker at 2024 Speedo Western Canadian Championships
	100	Fly	1:07.98	24-Jul-25	PPAC- AB	Astra L. Kapicki at 2025 Summer Provincial Championships LC
	200	Fly	2:38.49	24-Jul-25	PPAC- AB	Astra L. Kapicki at 2025 Summer Provincial Championships LC
	200	IM	2:29.19	21-Mar-24	PPAC	Peyton O. Tucker at 2024 Speedo Western Canadian Championships
	400	IM	5:23.95	4-Feb-22	PPAC	Dakota L. Howard at Edmonton Open 2022
15-15	50	Free	26.28	7-Aug-22	TAB	Dakota L. Howard at 2022 Canada Games Swimming
	100	Free	57.98	2-Mar-23	PPAC- AB	Dakota L. Howard at 2023 Provincial Championships LC
	200	Free	2:10.38	3-Jun-22	TAB- AB	Dakota L. Howard at Mel Zajac Jr. International 20
	400	Free	4:49.28	23-Jul-26	PPAC- AB	Astra L. Kapicki at 2026 Summer Provincial Championships
	800	Free	9:42.94	12-Apr-18	PPAC	Jewel Shewchuk at 2018 Speedo Western Canadian Championships
	1500	Free	18:30.48	12-Apr-18	PPAC	Jewel Shewchuk at 2018 Speedo Western Canadian Championships
	100	Back	1:04.30	25-Jul-22	PPAC- AB	Dakota L. Howard at 2022 Speedo Canadian Junior & Senior Champs
	200	Back	2:23.80	21-Apr-22	PPAC	Dakota L. Howard at 2021 Speedo Western Canadian Championships
	100	Breast	1:16.96	20-Mar-25	PPAC- AB	Sarah E. Harbin at Winter Provincial Championships LC
	200	Breast	2:52.43	30-Jan-26	PPAC- AB	Astra L. Kapicki at Edmonton Open 2026
	100	Fly	1:06.05	25-Jul-22	PPAC	Dakota L. Howard at 2022 Speedo Canadian Junior & Senior Champs
	200	Fly	2:32.56	19-Mar-26	PPAC- AB	Astra L. Kapicki at Winter Provincial Championships
	200	IM	2:25.09	21-Apr-22	PPAC	Dakota L. Howard at 2021 Speedo Western Canadian Championships
	400	IM	5:24.39	19-Mar-26	PPAC- AB	Astra L. Kapicki at Winter Provincial Championships
16-16	50	Free	26.51	28-Mar-23	PPAC- AB	Dakota L. Howard at 2023 Canadian Swimming Trials
	100	Free	57.42	1-Aug-23	PPAC	Dakota L. Howard at 2023 Speedo Canadian Swimming
	200	Free	2:09.35	1-Aug-23	PPAC	Dakota L. Howard at 2023 Speedo Canadian Swimming
	400	Free	5:09.22	3-Jul-25	PPAC- AB	Peyton O. Tucker at Edmonton Keyano International 2025
	800	Free	10:42.59	30-Jan-26	PPAC- AB	Peyton O. Tucker at Edmonton Open 2026
	1500	Free	11:11.11	17-Jul-24	...	

Everything Is Earned

RECORDS Single Age Group LC

16-16	100	Back	1:03.70	28-Mar-23	PPAC	Dakota L. Howard	at 2023 Canadian Swimming Trials
	200	Back	2:26.69	1-Aug-23	PPAC- AB	Dakota L. Howard	at 2023 Speedo Canadian Swimming
	100	Breast	1:21.40	29-Apr-23	PPAC- AB	Dakota L. Howard	at Speed Demon Distance Diva Invite (SD3I)
	200	Breast	3:00.31	3-Jul-25	PPAC- AB	Peyton O. Tucker	at Edmonton Keyano International 2025
	100	Fly	1:06.71	27-Jul-23	PPAC- AB	Dakota L. Howard	at 2023 Summer Provincials LC
	200	Fly	3:00.16	30-Jan-26	PPAC- AB	Peyton O. Tucker	at Edmonton Open 2026
	200	IM	2:30.21	29-Apr-23	PPAC- AB	Dakota L. Howard	at Speed Demon Distance Diva Invite (SD3I)
	400	IM	5:40.50	19-Mar-26	PPAC- AB	Sarah E. Harbin	at Winter Provincial Championships
17-17	50	Free	28.68	23-Jul-26	PPAC- AB	Peyton O. Tucker	at 2026 Summer Provincial Championships
	100	Free	1:05.72	2-Jul-26	PPAC- AB	Peyton O. Tucker	at Edmonton Keyano International 2026
	200	Free	2:49.55	28-Apr-12	PPAC- AB	Anna Stuart	at 2012 Septathlon
	400	Free	6:07.94	28-Apr-12	PPAC	Grace Tworek	at 2012 Septathlon
	800	Free	55:55.55	3-Jul-24	...	...	
	1500	Free	56:56.56	8-Jul-24	...	...	
	100	Back	1:26.37	21-Feb-25	PPAC- AB	Zoe M. van Keulen	at WTF 2025 III
	200	Back	3:08.38	2-May-25	PPAC- AB	Sadie G. Mouser	at Northern Lights 2025
	100	Breast	1:21.66	2-Jul-26	PPAC- AB	Peyton O. Tucker	at Edmonton Keyano International 2026
	200	Breast	3:25.56	2-May-25	PPAC- AB	Sadie G. Mouser	at Northern Lights 2025
	100	Fly	1:15.28	2-Jul-26	PPAC- AB	Peyton O. Tucker	at Edmonton Keyano International 2026
	200	Fly	3:10.67	2-May-25	PPAC- AB	Sadie G. Mouser	at Northern Lights 2025
	200	IM	2:43.32	23-Jul-26	PPAC- AB	Peyton O. Tucker	at 2026 Summer Provincial Championships
	400	IM	6:52.05	26-May-12	PPAC	Anna Stuart	at 14th Annual Silver Cup Invitational
Open	50	Free	26.28	7-Aug-22	TAB	Dakota L. Howard	at 2022 Canada Games Swimming
	100	Free	57.42	1-Aug-23	PPAC	Dakota L. Howard	at 2023 Speedo Canadian Swimming
	200	Free	2:09.35	1-Aug-23	PPAC	Dakota L. Howard	at 2023 Speedo Canadian Swimming
	400	Free	4:45.73	20-Mar-25	PPAC- AB	Astra L. Kapicki	at Winter Provincial Championships LC
	800	Free	9:42.94	12-Apr-18	PPAC	Jewel Shewchuk	at 2018 Speedo Western Canadian Championships
	1500	Free	18:30.48	12-Apr-18	PPAC	Jewel Shewchuk	at 2018 Speedo Western Canadian Championships
	50	Back	29.26	2-Feb-24	PPAC	Dakota L. Howard	at Edmonton Open 2024
	100	Back	1:03.70	28-Mar-23	PPAC	Dakota L. Howard	at 2023 Canadian Swimming Trials
	200	Back	2:23.80	21-Apr-22	PPAC	Dakota L. Howard	at 2021 Speedo Western Canadian Championships
	50	Breast	35.42	21-Mar-24	PPAC	Sarah E. Harbin	at 2024 Speedo Western Canadian Championships
	100	Breast	1:16.96	20-Mar-25	PPAC- AB	Sarah E. Harbin	at Winter Provincial Championships LC
	200	Breast	2:50.37	21-Mar-24	PPAC	Peyton O. Tucker	at 2024 Speedo Western Canadian Championships
	50	Fly	28.44	2-Mar-23	PPAC	Dakota L. Howard	at 2023 Provincial Championships LC
	100	Fly	1:06.05	25-Jul-22	PPAC	Dakota L. Howard	at 2022 Speedo Canadian Junior & Senior Champs
	200	Fly	2:36.30	23-Jul-26	PPAC- AB	Astra L. Kapicki	at 2026 Summer Provincial Championships
	200	IM	2:25.09	21-Apr-22	PPAC	Dakota L. Howard	at 2021 Speedo Western Canadian Championships
	400	IM	5:23.95	4-Feb-22	PPAC	Dakota L. Howard	at Edmonton Open 2022

Everything Is Earned

RECORDS Single Age Group LC

LC Meters-Male

10-10	50	Free	30.75	1-Jul-11	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC
	100	Free	1:11.54	1-Jul-11	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC
	200	Free	2:57.26	26-Apr-14	PPAC- AB	Finn Crowe at SPSC Mayflower LC 2014
	400	Free	6:18.00	26-Apr-14	PPAC- AB	Finn Crowe at SPSC Mayflower LC 2014
	50	Back	37.98	1-Jul-11	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC
	100	Back	1:25.24	1-Jul-11	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC
	200	Back	3:29.61	3-Jun-23	PPAC	Jasper M. Nelson at 2023 Silver Rays Invitational
	50	Breast	40.91	1-Jul-11	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC
	100	Breast	1:34.24	1-Jul-11	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC
	200	Breast	4:22.75	3-May-24	PPAC	Jack W. Mouser at Northern Lights 2024
	50	Fly	36.41	1-Jul-11	PPAC- AB	Marco Bagnasco at 2011 Speedo Alberta AGSR Champs LC
	100	Fly	1:53.00	3-Jun-23	PPAC- AB	Jasper M. Nelson at 2023 Silver Rays Invitational
	200	Fly	3:52.23	3-May-24	PPAC	Jasper M. Nelson at Northern Lights 2024
	200	IM	3:17.96	30-Apr-11	PPAC- AB	Marco Bagnasco at Leduc Otters Spring Invitational Meet
11-11	50	Free	28.43	5-Jul-12	PPAC- AB	Marco Bagnasco at 2012 Speedo Age Group & Senior Championships
	100	Free	1:04.64	5-Jul-12	PPAC- AB	Marco Bagnasco at 2012 Speedo Age Group & Senior Championships
	200	Free	2:28.86	26-May-12	PPAC- AB	Marco Bagnasco at 14th Annual Silver Cup Invitational
	400	Free	5:22.77	28-Apr-12	PPAC- AB	Marco Bagnasco at 2012 Septathlon
	800	Free	11:16.43	2-Jul-15	PPAC- AB	Finn Crowe at 2015 Speedo Age Group and Senior Champs
	1500	Free	54:54.54	16-Jul-24	...	
	50	Back	34.21	28-Apr-12	PPAC- AB	Marco Bagnasco at 2012 Septathlon
	100	Back	1:14.34	5-Jul-12	PPAC- AB	Marco Bagnasco at 2012 Speedo Age Group & Senior Championships
	200	Back	2:44.70	26-May-12	PPAC- AB	Marco Bagnasco at 14th Annual Silver Cup Invitational
	50	Breast	39.74	28-Apr-12	PPAC- AB	Marco Bagnasco at 2012 Septathlon
	100	Breast	1:27.91	5-Jul-12	PPAC- AB	Marco Bagnasco at 2012 Speedo Age Group & Senior Championships
	200	Breast	3:13.62	26-May-12	PPAC- AB	Marco Bagnasco at 14th Annual Silver Cup Invitational
	50	Fly	34.41	7-Jul-22	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2022
	100	Fly	1:22.77	7-Jul-22	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2022
	200	Fly	3:23.41	2-May-25	PPAC- AB	Jasper M. Nelson at Northern Lights 2025
	400	IM	6:01.94	26-May-12	PPAC	Marco Bagnasco at 14th Annual Silver Cup Invitational
12-12	50	Free	27.03	4-Jul-13	PPAC- AB	Marco Bagnasco at 2013 Speedo AB Age Group & Senior Champs LC
	100	Free	1:00.18	4-Jul-13	PPAC- AB	Marco Bagnasco at 2013 Speedo AB Age Group & Senior Champs LC
	200	Free	2:22.27	20-Apr-13	PPAC- AB	Marco Bagnasco at Lasers Septathlon
	400	Free	5:09.52	2-Jun-23	PPAC- AB	Bruce Wurban at CSI: 2023 Fukuoka Funk (Redux)
	800	Free	10:34.84	5-May-16	PPAC- AB	Finn Crowe at Edmonton Keyano International 2016
	1500	Free	20:46.02	5-May-23	PPAC- AB	Bruce Wurban at Northern Lights 2023
	50	Back	31.45	24-Jul-13	PPAC- AB	Marco Bagnasco at 2013 Canadian Age Group Championships
	100	Back	1:09.98	30-May-13	PPAC- AB	Marco Bagnasco at CSI: 2013
	200	Back	2:38.41	6-Jul-23	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2023
	50	Breast	34.41	24-Jul-13	PPAC	Marco Bagnasco at 2013 Canadian Age Group Championships
	100	Breast	1:20.24	25-May-13	PPAC- AB	Marco Bagnasco at 15th Annual Silver Cup Invitational
	200	Breast	3:04.11	20-Apr-13	PPAC	Marco Bagnasco at Lasers Septathlon
	50	Fly	30.16	30-May-13	PPAC- AB	Marco Bagnasco at CSI: 2013
	100	Fly	1:15.02	1-May-26	PPAC- AB	Nathan Hretsina at 2026 KSC LC Invitational
	200	Fly	2:59.52	19-Mar-26	PPAC- AB	Nathan Hretsina at Winter Provincial Championships
	200	IM	2:29.28	30-May-13	PPAC	Marco Bagnasco at CSI: 2013
	400	IM	6:00.06	2-Jun-23	PPAC- AB	Bruce Wurban at CSI: 2023 Fukuoka Funk (Redux)

Everything Is Earned

RECORDS Single Age Group LC

13-13	50	Free	25.97	3-Jul-14	PPAC- AB	Marco Bagnasco at 2014 Speedo Age Group and Senior Championship
	100	Free	56.91	23-Jul-14	PPAC	Marco Bagnasco at 2014 Canadian Age Group Championships
	200	Free	2:14.51	4-Jul-24	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2024
	400	Free	4:42.11	4-Jul-24	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2024
	800	Free	9:58.93	27-Apr-24	PPAC- AB	Bruce Wurban at Speed Demon Distance Diva Invite (SD3I) 2024
	1500	Free	18:50.88	31-May-24	PPAC- AB	Bruce Wurban at CSI: 2024 Paris-Roubaix
	100	Back	1:03.90	3-Jul-14	PPAC- AB	Marco Bagnasco at 2014 Speedo Age Group and Senior Championship
	200	Back	2:29.97	1-May-14	PPAC- AB	Marco Bagnasco at Edmonton Keyano International 2014
	100	Breast	1:19.09	1-May-14	PPAC	Marco Bagnasco at Edmonton Keyano International 2014
	200	Breast	2:55.75	5-Jul-12	PPAC- AB	Matteo Bagnasco at 2012 Speedo Age Group & Senior Championships
	100	Fly	1:05.88	4-Jul-24	PPAC	Bruce Wurban at Edmonton Keyano International 2024
	200	Fly	2:39.40	27-Apr-24	PPAC	Bruce Wurban at Speed Demon Distance Diva Invite (SD3I) 2024
	200	IM	2:30.22	31-May-24	PPAC	Bruce Wurban at CSI: 2024 Paris-Roubaix
	400	IM	5:30.68	31-May-24	PPAC	Bruce Wurban at CSI: 2024 Paris-Roubaix
14-14	50	Free	25.36	2-Jul-15	PPAC	Marco Bagnasco at 2015 Speedo Age Group and Senior Champs
	100	Free	58.34	3-Jul-25	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2025
	200	Free	2:09.50	3-Jul-25	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2025
	400	Free	4:39.43	25-Jul-24	PPAC	Bruce Wurban at 2024 Summer Provincials LC
	800	Free	9:50.90	25-Jul-24	PPAC	Bruce Wurban at 2024 Summer Provincials LC
	1500	Free	18:39.78	25-Jul-24	PPAC	Bruce Wurban at 2024 Summer Provincials LC
	100	Back	1:02.46	2-Jul-15	PPAC	Marco Bagnasco at 2015 Speedo Age Group and Senior Champs
	200	Back	2:25.42	30-Jan-15	PPAC	Marco Bagnasco at 2015 Speedo Alberta Open 1
	100	Breast	1:16.74	3-Jul-25	PPAC- AB	Bruce Wurban at Edmonton Keyano International 2025
	200	Breast	2:47.11	30-May-13	PPAC	Matteo Bagnasco at CSI: 2013
	100	Fly	1:02.90	20-Mar-25	PPAC- AB	Marco
	200	Fly	2:24.40	30-Jun-16	PPAC	Kail Ketelaars at 2016 AB Age Group and Senior Championships
	200	IM	2:25.48	30-Jun-16	PPAC- AB	Kail Ketelaars at 2016 AB Age Group and Senior Championships
	400	IM	5:16.40	30-Jun-16	PPAC- AB	Kail Ketelaars at 2016 AB Age Group and Senior Championships
15-15	50	Free	25.65	25-Jul-24	PPAC	Tristan Petryshen-Kozak at 2024 Summer Provincials LC
	100	Free	56.71	19-Mar-26	PPAC- AB	Bruce Wurban at Winter Provincial Championships
	200	Free	2:09.97	19-Mar-26	PPAC- AB	Bruce Wurban at Winter Provincial Championships
	400	Free	4:35.65	5-May-17	PPAC	Kail Ketelaars at Edmonton Keyano Invitational
	800	Free	9:43.76	30-Jan-26	PPAC- AB	Bruce Wurban at Edmonton Open 2026
	1500	Free	17:44.71	5-May-17	PPAC	Kail Ketelaars at Edmonton Keyano Invitational
	100	Back	1:02.33	6-Jul-17	PPAC	Kail Ketelaars at Summer Championships
	200	Back	2:18.93	17-Mar-17	PPAC	Kail Ketelaars at Spring Championships
	100	Breast	1:12.58	17-Mar-17	PPAC	Kail Ketelaars at Spring Championships
	200	Breast	2:44.34	17-Mar-17	PPAC	Kail Ketelaars at Spring Championships
	100	Fly	1:02.64	19-Mar-26	PPAC- AB	Bruce Wurban at Winter Provincial Championships
	200	Fly	2:31.32	24-Jul-25	PPAC- AB	Bruce Wurban at 2025 Summer Provincial Championships LC
	200	IM	2:18.78	17-Mar-17	PPAC	Kail Ketelaars at Spring Championships
	400	IM	4:55.61	17-Mar-17	PPAC	Kail Ketelaars at Spring Championships
16-16	50	Free	25.55	23-Jul-26	PPAC- AB	Bruce Wurban at 2026 Summer Provincial Championships
	100	Free	56.99	27-May-17	PPAC- AB	Ryan Boll at 19th Annual Silvercup Invitational
	200	Free	2:05.13	4-Jul-13	PPAC	Ian Simons at 2013 Speedo AB Age Group & Senior Champs LC
	400	Free	4:26.31	4-Jul-13	PPAC	Ian Simons at 2013 Speedo AB Age Group & Senior Champs LC
	800	Free	43:43.43	12-Jul-24	..	..
	1500	Free	32:32.32	29-Jul-24	..	..
	100	Back	1:04.11	23-Jul-26	PPAC- AB	Bruce Wurban at 2026 Summer Provincial Championships

Everything Is Earned

RECORDS Single Age Group LC

16-16	200	Back	2:22.87	4-Jul-13	PPAC	Ian Simons	at 2013 Speedo AB Age Group & Senior Champs LC
	100	Breast	1:18.80	25-Jul-24	PPAC	Daniel Shevchuk	at 2024 Summer Provincials LC
	200	Breast	3:16.54	1-Jun-24	PPAC- AB	Thevindu Weeramange	at 2024 SilverRays Invitational
	100	Fly	1:03.25	23-Jul-26	PPAC- AB	Bruce Wurban	at 2026 Summer Provincial Championships
	200	Fly	5:44.32	16-Jul-24		..	
	200	IM	2:20.53	20-Apr-17	PPAC- AB	Kail Ketelaars	at 2017 Canadian Western Swimming Championships
	400	IM	5:04.43	20-Apr-17	PPAC- AB	Kail Ketelaars	at 2017 Canadian Western Swimming Championships
17-17	50	Free	25.73	11-May-18	PPAC- AB	Ryan Boll	at Edmonton Keyano Invitational 2
	100	Free	56.52	1-Jun-18	PPAC- AB	Ryan Boll	at 2nd Annual TRU Wolfpack Invitational
	400	Free	5:13.56	21-Apr-18	PPAC- AB	Ryan Boll	at SPSC Mayflower LC 2018
	800	Free	55:55.55	17-Jul-24		..	
	1500	Free	56:56.56	16-Jul-24		..	
	100	Back	1:05.88	15-Mar-18	PPAC- AB	Ryan Boll	at Spring Championships
	200	Back	2:32.83	1-Jun-18	PPAC- AB	Ryan Boll	at 2nd Annual TRU Wolfpack Invitational
	100	Breast	1:16.09	24-Jul-25	PPAC- AB	Daniel Shevchuk	at 2025 Summer Provincial Championships LC
	200	Breast	2:55.63	24-Jul-25	PPAC- AB	Daniel Shevchuk	at 2025 Summer Provincial Championships LC
	100	Fly	1:00.47	11-May-18	PPAC	Ryan Boll	at Edmonton Keyano Invitational 2
	200	Fly	1:11.11	3-Jul-24		..	
	200	IM	2:32.06	21-Apr-18	PPAC- AB	Ryan Boll	at SPSC Mayflower LC 2018
	400	IM	11:11.11	16-Jul-24		...	
Open	50	Free	24.81	2-Feb-24	PPAC	Ryan Boll	at Edmonton Open 2024
	100	Free	54.89	27-Apr-24	PPAC	Ryan Boll	at Speed Demon Distance Diva Invite (SD3I) 2024
	200	Free	2:05.13	4-Jul-13	PPAC	Ian Simons	at 2013 Speedo AB Age Group & Senior Champs LC
	400	Free	4:26.31	4-Jul-13	PPAC	Ian Simons	at 2013 Speedo AB Age Group & Senior Champs LC
	800	Free	9:43.76	30-Jan-26	PPAC- AB	Bruce Wurban	at Edmonton Open 2026
	1500	Free	17:44.71	5-May-17	PPAC	Kail Ketelaars	at Edmonton Keyano Invitational
	50	Back	28.02	21-Mar-24	PPAC	Ryan Boll	at 2024 Speedo Western Canadian Championships
	100	Back	1:02.33	6-Jul-17	PPAC	Kail Ketelaars	at Summer Championships
	200	Back	2:18.93	17-Mar-17	PPAC	Kail Ketelaars	at Spring Championships
	50	Breast	32.46	2-Feb-24	PPAC	Ryan Boll	at Edmonton Open 2024
	100	Breast	1:12.58	17-Mar-17	PPAC	Kail Ketelaars	at Spring Championships
	200	Breast	2:44.34	17-Mar-17	PPAC	Kail Ketelaars	at Spring Championships
	50	Fly	25.98	2-Feb-24	PPAC	Ryan Boll	at Edmonton Open 2024
	100	Fly	1:00.47	11-May-18	PPAC	Ryan Boll	at Edmonton Keyano Invitational 2
	200	Fly	2:24.40	30-Jun-16	PPAC	Kail Ketelaars	at 2016 AB Age Group and Senior Championships
	200	IM	2:18.78	17-Mar-17	PPAC	Kail Ketelaars	at Spring Championships
	400	IM	4:55.61	17-Mar-17	PPAC	Kail Ketelaars	at Spring Championships