

# MARAUDERS MESSAGES

EMAIL US!

MEET WITH A COACH



WEEK OF November 4-10, 2024

<b>MONDAY</b>	Guppies: 5:30-6; Guppies: 6-6:30 Level 1: 5:30-6 Level 2: 6-6:45 Level 3: 5:30-7 Level 4: 5:30-7:30
<b>TUESDAY</b>	Level 1: 6-6:30 Level 3: 6:00-7 Level 4: 6-7:30
<b>WEDNESDAY</b>	Guppies:6-6:30; Guppies: 6:30-7 Level 2: 6:30-7:15 Level 3: 6-8 Level 4: 6-8
<b>THURSDAY</b>	Level 2: 6-6:45 Level 3: 6:00-7 Level 4: 6-7:30
<b>FRIDAY</b>	Level 1: 5:30-6 Level 2: 6:00-6:45 Level 3: 5:30-7 Level 4: 5:30-7
<b>SATURDAY</b>	
<b>SUNDAY</b>	

## UPCOMING EVENTS

- 11/17-11/18: Starfish Thankswimming Meet
- Swim caps have been ordered! Stay tuned for delivery date.
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## TO-DO

- Decide if you are attending meet 11/17-11/18; deadline to commit is 11/7
- Check out our new photo album!
- Pay balance or set up payment plan
- Register for USA Swimming (all athletes must do this including Guppies)
- Do you have extra suits, caps, goggles you no longer use? Consider donating them to the team! We have swimmers who can use them!
- Looking for your child's best times or wondering what their workouts look like? Here's how to do it!
- Here is a direct link to our meet schedule.



## USEFUL LINKS

- [Bennington Marauders Website](#)
- [Bennington Marauders Linktree](#)
- [Team Store](#)
- [Instagram](#)
- [Facebook](#)
- [Adirondack Swimming](#)