



Vernon Hill Park District Turtles Swim Team Athlete Code of Conduct

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- ☐ I will respect and show courtesy to my teammates and coaches at all times.
- ☐ I will set a good example of behavior and work ethic for my younger teammates.
- ☐ I will be respectful of my teammates' feelings and personal space. **Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.**
- ☐ I will attend all team meetings and training sessions unless my coach excuses me.
- ☐ I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- ☐ I will refrain from foul language, violence, and behavior deemed dishonest, offensive, or illegal.
- ☐ If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- ☐ I will comply with all applicable USA Swimming and NISC rules and codes of conduct. I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by the Head Coach.
- ☐ College athletes must adhere to the same rules as VHST Swimmers, as well as follow all the rules and guidelines prescribed by the NCAA and NAIA.



I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by the Head Coach and Vernon Hill Park District Athletics and Aquatics Supervisor.

Swimmer's Printed Name

Practice Group

Swimmer's Signature(s)

Date

Parents' Printed Name

Parents' Signature(s)

Date

If I have a swimmer currently registered with USA Swimming and the Vernon Hills Swim Team, then they and their parents agree to follow this policy.

If a swimmer violates the Code of Conduct, the coaching staff will notify his/her parents. The Head Coach and the Vernon Hills Park District Athletics and Aquatics Supervisor will review each case. Depending on the severity of the infraction, they may recommend suspension from practices and meets (without a refund for the length of suspension) or termination from participation in VHST and any Vernon Hills Park District Programs.

In all cases, the Head Coach or a coaching staff member, Safe Sport Coordinator, or Vernon Hills Park District will communicate with the swimmer's parents regarding the infraction and penalty. A meeting with the Head Coach and Vernon Hills Park District Athletics and Aquatics Supervisor may also be arranged. Such a meeting provides the opportunity for the Swimmer to present their case. The decision in that meeting is final, with no recourse.