

**One-on-One Interactions**

One-on-One Interactions present a risk for an Applicable Adult to abuse a minor athlete or initiate grooming behaviors to do so. This portion of the policy sets the expectation that if a one-on-one interaction occurs. One-to-one interactions must be held in a way that is observable and interruptible by another adult.

**Meetings**: In swimming, meetings between adults and minors are common. MAAPP requires that another adult be present AND that the meeting be in a location that is easily observed and interruptible. USA Swimming has recommended a similar concept, two-deep leadership, as a best practice for years. Now, two-deep leadership is not recommended, it is required.

**Private Instruction/Individual Training Sessions**

Legal guardians often hire coaches to give private lessons to their minor athlete. A private lesson is a one-on-one interaction between an Applicable Adult and a minor athlete but it is not a one-on-one interaction occurring in the course of team practices or USA Swimming events and activities. USA Swimming recommends that individual training sessions be observable and interruptible by another adult and the that minor athlete’s legal guardian be allowed to observe the session.

**Observable and Interruptible One-on-one interactions** between a minor athlete and an Applicable Adult (who is not the minor’s legal guardian) must occur at an observable and interruptible distance from another adult unless meeting with a Mental Health Care Professional and/or Health Care Provider (see below) or under emergency circumstances.

**Meetings**

* Meetings between a minor athlete and an Applicable Adult may only occur if another adult is present and where interactions can be easily observed and at an interruptible distance from another adult, except under emergency circumstances.
* If a one-on-one meeting takes place, the door to the room must remain unlocked and open. If available, it must occur in a room that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.
* Meetings must not be conducted in an Applicable Adult or athlete’s hotel room or other overnight lodging location during team travel.

**Meetings with Mental Health Care Professionals and/or Health Care Providers** If a Mental Health Care Professional and/or Health Care Provider meets with a minor athlete in conjunction with participation, including at practice or competition sites, a closed-door meeting may be permitted to protect patient privacy provided that:

* The door remains unlocked;
* Another adult is present at the facility;
* The other adult is advised that a closed-door meeting is occurring; and
* Written legal guardian consent is obtained in advance by the Mental Health Care Professional and/or Health Care Provider, with a copy provided to the club.