Tigersharks Training Schedule

Scroll Through For Your Squad

ALL Squads

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Nov	**2-Nov**	**3-Nov**	**4-Nov**	**5-Nov**	**6-Nov**	**7-Nov**
	Silver: 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm **SR I wts:** 2:30-3:00pm	**Bronze:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm	**Silver:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm **SR I wts:** 2:30-3:00pm	**NEVADA STATE CHAMPIONSHIPS SWIM MEET** No Training	**NEVADA STATE CHAMPIONSHIPS SWIM MEET** No Training	**NEVADA STATE CHAMPIONSHIPS SWIM MEET** No Training
8-Nov	**9-Nov**	**10-Nov**	**11-Nov**	**12-Nov**	**13-Nov**	**14-Nov**
NEVADA STATE CHAMPIONSHIPS SWIM MEET No Training	**NEVADA STATE CHAMPIONSHIPS SWIM MEET** (Travel Day) No Training	**Bronze:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm	**Silver:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm **SR I wts:** 2:30-3:00pm	**Bronze:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm	**Bronze:** 5:00-6:00pm **Silver:** 5:00-6:30pm **Gold:** 5:00-6:30pm **SR I & II:** 5:45-7:00am	**FEEDING FRENZY FUNDRAISER** **5pm-7pm** **Arrive 4:30pm**
15-Nov	**16-Nov**	**17-Nov**	**18-Nov**	**19-Nov**	**20-Nov**	**21-Nov**
	Silver: 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm **SR I wts:** 2:30-3:00pm	**Bronze:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm	**Silver:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm **SR I wts:** 2:30-3:00pm	**Bronze:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm	**Bronze:** 5:00-6:00pm **Silver:** 5:00-6:30pm **Gold:** 5:00-6:30pm **SR I & II:** 5:45-7:00am	**Silver:** 7:30-8:30am **Gold:** 7:00am-8:30am **SR I & II:** 7:00-8:30am **SR I wts:** 8:45-9:30am
22-Nov	**23-Nov**	**24-Nov**	**25-Nov**	**26-Nov**	**27-Nov**	**28-Nov**
	Silver: 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm **SR I wts:** 2:30-3:00pm	**Bronze:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm	**Silver:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm **SR I wts:** 2:30-3:00pm	**Bronze:** 7:30-8:30am **Silver:** 7:30-8:30am **Gold:** 7:00-8:30am **SR I & II:** 7:00-8:30am **THANKSGIVING DAY WORKOUT**	**Bronze:** 7:30-8:30 **Silver:** 7:30-8:30 **Gold:** 7:00-8:30 **SR I & II:** 7:00-8:30am **POST THANKSGIVING DAY WORKOUT**	**NO TRAINING THANKSGIVING WEEKEND**
29-Nov	**30-Nov**	**1-Dec**	**2-Dec**	**3-Dec**	**4-Dec**	**5-Dec**
	Silver: 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm **SR I wts:** 2:30-3:00pm	**Bronze:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm	**Silver:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm **SR I wts:** 2:30-3:00pm	**Bronze:** 6:00-7:00pm **Gold:** 5:00-6:30pm **SR I & II:** 3:15-5:00pm	**Bronze:** 5:00-6:00pm **Silver:** 5:00-6:30pm **Gold:** 5:00-6:30pm **SR I & II:** 5:45-7:00am	**Silver:** 7:30-8:30am **Gold:** 7:00-8:30am **SR I & II:** 7:00-8:30am **SR I wts:** 8:45-9:30pm

Tigersharks Training Schedule

Scroll Through For Your Squad

LEAGUE Squads

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Nov	**2-Nov**	**3-Nov**	**4-Nov**	**5-Nov**	**6-Nov**	**7-Nov**
	Mon + Wed Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team now T/TH's only**	Tues + Thur Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team:** 6:00-7:00pm	Mon + Wed Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team now T/TH's only**	**NEVADA STATE CHAMPIONSHIPS SWIM MEET** No Training	**NEVADA STATE CHAMPIONSHIPS SWIM MEET** No Training	**NEVADA STATE CHAMPIONSHIPS SWIM MEET** No Training
8-Nov	**9-Nov**	**10-Nov**	**11-Nov**	**12-Nov**	**13-Nov**	**14-Nov**
NEVADA STATE CHAMPIONSHIPS SWIM MEET No Training	**NEVADA STATE CHAMPIONSHIPS SWIM MEET** (Travel Day) No Training	Tues + Thur Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team:** 6:00-7:00pm	Mon + Wed Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team now T/TH's only**	Tues + Thur Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team:** 6:00-7:00pm		**FEEDING FRENZY FUNDRAISER** **5pm-7pm** **Arrive 4:30pm**
15-Nov	**16-Nov**	**17-Nov**	**18-Nov**	**19-Nov**	**20-Nov**	**21-Nov**
	Mon + Wed Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team now T/TH's only**	Tues + Thur Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team:** 6:00-7:00pm	Mon + Wed Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team now T/TH's only**	Tues + Thur Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team:** 6:00-7:00pm		
22-Nov	**23-Nov**	**24-Nov**	**25-Nov**	**26-Nov**	**27-Nov**	**28-Nov**
	Mon + Wed Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team now T/TH's only**	Tues + Thur Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team:** 6:00-7:00pm	Mon + Wed Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team now T/TH's only**	**THANKSGIVING DAY** **No Training**		**NO TRAINING THANKSGIVING HOLIDAY OBSERVED**
29-Nov	**30-Nov**	**1-Dec**	**2-Dec**	**3-Dec**	**4-Dec**	**5-Dec**
	Mon + Wed Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team now T/TH's only**	Tues + Thur Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team:** 6:00-7:00pm	Mon + Wed Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team now T/TH's only**	Tues + Thur Groups: **Guppies:** 5:10-6:00pm **Mini-Sharks:** 5:10-6:00pm **Pre Team:** 6:00-7:00pm		

Tigersharks Training Schedule

MASTERS SQUAD

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Nov	**2-Nov**	**3-Nov**	**4-Nov**	**5-Nov**	**6-Nov**	**7-Nov**
			5:45-7am **Short Course**		5:45-7am **COACH COLE** **Short Course**	6:00-7:30am **COACH KATE** **Long Course**
8-Nov	**9-Nov**	**10-Nov**	**11-Nov**	**12-Nov**	**13-Nov**	**14-Nov**
			5:45-7am **Short Course**		5:45-7am **Short Course**	**Long Course** 6:00-7:30am **Feeding Frenzy** 5pm-7pm
15-Nov	**16-Nov**	**17-Nov**	**18-Nov**	**19-Nov**	**20-Nov**	**21-Nov**
			5:45-7am **Short Course**		5:45-7am **Short Course**	6:00-7:30am **Long Course**
22-Nov	**23-Nov**	**24-Nov**	**25-Nov**	**26-Nov**	**27-Nov**	**28-Nov**
			5:45-7am **Short Course**	**THANKSGIVING DAY** 5:45-7am **Short Course**	5:45-7am **Short Course**	**THANKSGIVING DAY** **WEEKEND** **No Training**
29-Nov	**30-Nov**	**1-Dec**	**2-Dec**	**3-Dec**	**4-Dec**	**5-Dec**
			5:45-7am **Short Course**		5:45-7am **Short Course**	6:00-7:30am **Long Course**