

**2026 LMST Pumpkin Plunge Invite - 10/3/2026****Session Report**

Session: 1 Saturday Morning

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

| Round  | Event                                   | Entries | Heats | Starts at |       |
|--------|-----------------------------------------|---------|-------|-----------|-------|
| Finals | 1 Girls 10 & Under 100 Freestyle        | 29      | 4     | 09:00 AM  | _____ |
| Finals | 2 Boys 10 & Under 100 Freestyle         | 27      | 4     | 09:10 AM  | _____ |
| Finals | 3 Girls 10 & Under 100 IM               | 29      | 4     | 09:19 AM  | _____ |
| Finals | 4 Boys 10 & Under 100 IM                | 12      | 2     | 09:29 AM  | _____ |
| Finals | 5 Girls 8 & Under 25 Freestyle          | 18      | 3     | 09:34 AM  | _____ |
| Finals | 6 Boys 8 & Under 25 Freestyle           | 19      | 3     | 09:37 AM  | _____ |
| Finals | 7 Girls 10 & Under 50 Freestyle         | 59      | 8     | 09:40 AM  | _____ |
| Finals | 8 Boys 10 & Under 50 Freestyle          | 54      | 7     | 09:51 AM  | _____ |
| Finals | 9 Girls 8 & Under 25 Butterfly          | 7       | 1     | 10:00 AM  | _____ |
| Finals | 10 Boys 8 & Under 25 Butterfly          | 9       | 2     | 10:01 AM  | _____ |
| Finals | 11 Girls 10 & Under 50 Butterfly        | 23      | 3     | 10:03 AM  | _____ |
| Finals | 12 Boys 10 & Under 50 Butterfly         | 12      | 2     | 10:08 AM  | _____ |
| Finals | 13 Girls 8 & Under 25 Backstroke        | 16      | 2     | 10:11 AM  | _____ |
| Finals | 14 Boys 8 & Under 25 Backstroke         | 20      | 3     | 10:14 AM  | _____ |
| Finals | 15 Girls 10 & Under 50 Backstroke       | 46      | 6     | 10:17 AM  | _____ |
| Finals | 16 Boys 10 & Under 50 Backstroke        | 39      | 5     | 10:27 AM  | _____ |
| Finals | 17 Girls 8 & Under 25 Breaststroke      | 13      | 2     | 10:36 AM  | _____ |
| Finals | 18 Boys 8 & Under 25 Breaststroke       | 16      | 2     | 10:39 AM  | _____ |
| Finals | 19 Girls 10 & Under 50 Breaststroke     | 36      | 5     | 10:41 AM  | _____ |
| Finals | 20 Boys 10 & Under 50 Breaststroke      | 27      | 4     | 10:49 AM  | _____ |
| Finals | 21 Girls 10 & Under 200 Freestyle Relay | 12      | 2     | 10:55 AM  | _____ |
| Finals | 22 Boys 10 & Under 200 Freestyle Relay  | 11      | 2     | 11:02 AM  | _____ |
|        | Swimmers Counts for Warm-ups: 147       | =====   | ===== |           |       |
|        | Entry / Heat Totals:                    | 534     | 76    |           |       |
|        | Finish Time                             |         |       | 11:10 AM  | _____ |
|        | =====                                   |         |       |           |       |
|        | Team - #Entries - #Athletes             |         |       |           |       |
|        | =====                                   |         |       |           |       |
| EELS   | Iowa City Eels Swim Club                | 33      | 11    |           |       |
| IFLY   | Iowa Flyers Swim Club                   | 133     | 34    |           |       |
| COE    | Kohawk Aquatics                         | 6       | 2     |           |       |
| LMST   | Linn-Mar Swim Team                      | 200     | 54    |           |       |
| MACR   | MACR Sharks                             | 79      | 23    |           |       |
| NS     | North Scott YMCA River Otters           | 17      | 5     |           |       |
| PSC    | Piranhas Swim Club                      | 23      | 6     |           |       |
| USSD   | Uss Destroyers Swim Club                | 7       | 2     |           |       |
| VAC    | Vinton Aquatic Club, Inc.               | 36      | 10    |           |       |

**2026 LMST Pumpkin Plunge Invite - 10/3/2026****Session Report**

Session: 2 Saturday Afternoon

Day of Meet: 1 Starts at 01:20 PM Heat Interval: 20 Seconds / Back +15 Seconds

| Round  | Event                               | Entries | Heats | Starts at |       |
|--------|-------------------------------------|---------|-------|-----------|-------|
| Finals | 23 Girls 11-12 100 Freestyle        | 50      | 7     | 01:20 PM  | _____ |
| Finals | 24 Boys 11-12 100 Freestyle         | 31      | 4     | 01:33 PM  | _____ |
| Finals | 25 Girls 13 & Over 200 Freestyle    | 14      | 2     | 01:41 PM  | _____ |
| Finals | 26 Boys 13 & Over 200 Freestyle     | 37      | 5     | 01:47 PM  | _____ |
| Finals | 27 Girls 11-12 100 IM               | 34      | 5     | 02:01 PM  | _____ |
| Finals | 28 Boys 11-12 100 IM                | 22      | 3     | 02:10 PM  | _____ |
| Finals | 29 Girls 13 & Over 200 IM           | 10      | 2     | 02:16 PM  | _____ |
| Finals | 30 Boys 13 & Over 200 IM            | 23      | 3     | 02:23 PM  | _____ |
| Finals | 31 Girls 11-12 50 Freestyle         | 57      | 8     | 02:32 PM  | _____ |
| Finals | 32 Boys 11-12 50 Freestyle          | 34      | 5     | 02:40 PM  | _____ |
| Finals | 33 Girls 13 & Over 50 Freestyle     | 24      | 3     | 02:46 PM  | _____ |
| Finals | 34 Boys 13 & Over 50 Freestyle      | 46      | 6     | 02:48 PM  | _____ |
| Finals | 35 Girls 11-12 50 Butterfly         | 37      | 5     | 02:54 PM  | _____ |
| Finals | 36 Boys 11-12 50 Butterfly          | 25      | 4     | 02:59 PM  | _____ |
| Finals | 37 Girls 13 & Over 100 Butterfly    | 11      | 2     | 03:04 PM  | _____ |
| Finals | 38 Boys 13 & Over 100 Butterfly     | 28      | 4     | 03:09 PM  | _____ |
| Finals | 39 Girls 13 & Over 100 Freestyle    | 20      | 3     | 03:15 PM  | _____ |
| Finals | 40 Boys 13 & Over 100 Freestyle     | 38      | 5     | 03:20 PM  | _____ |
| Finals | 41 Girls 11-12 200 Freestyle        | 24      | 3     | 03:28 PM  | _____ |
| Finals | 42 Boys 11-12 200 Freestyle         | 18      | 3     | 03:37 PM  | _____ |
| Finals | 43 Girls 13 & Over 500 Freestyle    | 6       | 1     | 03:47 PM  | _____ |
| Finals | 44 Boys 13 & Over 500 Freestyle     | 18      | 1     | 03:53 PM  | _____ |
| Finals | 45 Girls 11-12 50 Backstroke        | 49      | 7     | 04:00 PM  | _____ |
| Finals | 46 Boys 11-12 50 Backstroke         | 36      | 5     | 04:10 PM  | _____ |
| Finals | 47 Girls 13 & Over 100 Backstroke   | 16      | 2     | 04:18 PM  | _____ |
| Finals | 48 Boys 13 & Over 100 Backstroke    | 36      | 5     | 04:22 PM  | _____ |
| Finals | 49 Girls 11-12 50 Breaststroke      | 47      | 6     | 04:32 PM  | _____ |
| Finals | 50 Boys 11-12 50 Breaststroke       | 30      | 4     | 04:39 PM  | _____ |
| Finals | 51 Girls 13 & Over 100 Breaststroke | 20      | 3     | 04:45 PM  | _____ |
| Finals | 52 Boys 13 & Over 100 Breaststroke  | 30      | 4     | 04:51 PM  | _____ |
|        | Swimmers Counts for Warm-ups: 231   | =====   | ===== |           |       |
|        | Entry / Heat Totals:                | 871     | 120   |           |       |
|        | Finish Time                         |         |       | 04:58 PM  | _____ |
|        | =====                               |         |       |           |       |
|        | Team - #Entries - #Athletes         |         |       |           |       |
|        | =====                               |         |       |           |       |
| ACAC   | Ames Cyclone Aquatics Club          | 3       | 1     |           |       |
| DASH   | Dubuque Area Swimmin' Hurrican      | 12      | 3     |           |       |
| EELS   | Iowa City Eels Swim Club            | 45      | 13    |           |       |
| IFLY   | Iowa Flyers Swim Club               | 174     | 46    |           |       |
| COE    | Kohawk Aquatics                     | 45      | 15    |           |       |
| LMST   | Linn-Mar Swim Team                  | 328     | 83    |           |       |
| MACR   | MACR Sharks                         | 111     | 30    |           |       |
| NS     | North Scott YMCA River Otters       | 73      | 19    |           |       |

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|-------|---------------------------|---------|-------|-----------|
| PSC   | Piranhas Swim Club        | 34      | 9     |           |
| USSD  | Uss Destroyers Swim Club  | 19      | 5     |           |
| VAC   | Vinton Aquatic Club, Inc. | 27      | 7     |           |