

October						2026
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	SR & Juniors: 4:15-6:15	SR: 7a-9a AG/JR 7:15a- 9a
4	5	6	7	8	9	10
	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	SR & Juniors: 4:15-6:15	ENSWORTH OCT Invite NO PRACTICE
11	12	13	14	15	16	17
ENSWORTH OCT Invite NO PRACTICE	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	SR & Juniors: 4:15-6:15	SR: 7a-9a AG/JR 7:15a- 9a
18	19	20	21	22	23	24
	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	NO PRACTICE WIL CO Kick Off Meet	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	SR & Juniors: 4:15-6:15	SR: 7a-9a AG/JR 7:15a- 9a
25	26	27	28	29	30	31
	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	Seniors: 4:15p-6:15p JR: 4:15-6p Age Group	SR & Juniors: 4:15-6:15	NO PRACTICE MTSC MS INVITE

**** COME ON YOUR SCHEDULED DAYS** MAKEUPS ARE SATURDAY MORNING****

All swimmers are HIGHLY ENCOURAGED to do IMX for each season: <https://www.usaswimming.org/times/imx-imr>
They will have the chance to complete these at the swim meets throughout the Short Course and Long Course seasons!