

MARAUDERS MESSAGES

EMAIL US!

MEET WITH A COACH



WEEK OF November 18-23, 2024

MONDAY	Guppies: 5:30-6; Guppies: 6-6:30 Level 1: 5:30-6 Level 2: 6-6:45 Level 3: 5:30-7 Level 4: 5:30-7:30
TUESDAY	Level 1: 6-6:30 Level 3: 6:00-7 Level 4: 6-7:30
WEDNESDAY	Guppies:6-6:30; Guppies: 6:30-7 Level 2: 6:30-7:15 Level 3: 6-8 Level 4: 6-8
THURSDAY	Level 2: 6-6:45 Level 3: 6:00-7 Level 4: 6-7:30
FRIDAY	Level 1: 5:30-6 Level 2: 6:00-6:45 Level 3: 5:30-7 Level 4: 5:30-7
SATURDAY	
SUNDAY	

UPCOMING EVENTS

- Suits and caps coming soon!
- Swim-A-Thon 12/4/24
- Sharks Mini Meet 12/14
- December Distance Meet 12/15
- Fitter Faster 12/27-12/28

TO-DO

- Check out our new [photo album!](#)
- [Register for USA Swimming](#) (all athletes must do this including Guppies)
- [Here is a direct link to our meet schedule.](#)
- [Join our swim-a-thon!](#)
- Having trouble setting up your swim-a-thon? [Tutorial can be found here.](#)
- [Register for Fitter Faster!](#) For swimmers ages 10 & over.
- Register for December Distance Meet (recommended for more intermediate to advanced swimmers)



USEFUL LINKS

- [Bennington Marauders Website](#)
- [Bennington Marauders Linktree](#)
- [Team Store](#)
- [Instagram](#)
- [Facebook](#)
- [Adirondack Swimming](#)