

Session 2 Warm-Up Schedule									
Friday 11-14 Prelims (7:00/8:15 AM)									
Warm-Up Period	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	7:00-7:20 AM	JW (15)	JW (15)	JW (9) DSA (3) WEST (3)	B1ST (11) BYNS (2) HAC (2)	LAC (15)	NSC (10) MSA (3) TRA (1) WSY (1)	ECCC (11) DMAC (3) MVTs (1)	CC (8) SCAY (5) BLUE (1) STOIC (1)
2	7:20-7:40 AM	DCAA (4) SVAC (4) WA (2) LIFE (2)	UMLY (14) LMOR (1)	PDR (9) MAC (5) SOUD (1)	EMAC (5) GSA (4) RAC (4) FSSC (2)	SJAC (6) PWAC (6) RAYS (4)	BHA (8) PSC (6) LMAC (1)	NPAC (10) UPY (5)	SSC (10) DSTV (4) BSC (1)
3	7:40-8:00 AM	UDAC (15)	GAAC (5) UN (5) UDAC (4) CRSC (1)	DST (15)	CBST (6) ORCA (6) PCAC (3)	CBR (11) PENN (3) BDA (1)	PAAC (8) SEA (6) FCA (1)	WAC (7) PFY (5) SKYBF (2) SHIP (1)	PAY (8) BWA (6) FSA (1)

Session 3 Warm-Up Schedule									
Friday 10&U Timed Finals (12:45/1:30 PM)									
Warm-Up Period	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	12:45-1:05 PM	JW (7)	EMAC (3) UDAC (1) UPY (1) WEST (1)	UN (3) HAC (1) LMOR (1) SOUD (1)	B1ST (4) FSSC (1) LAC (1) SCAY (1)	LIFE (4) SHIP (1) VSS (1)	NSC (5) PAAC (2) BLUE (1)	NPAC (3) DMAC (2) PSC (1)	CC (4) SSC (2) PAY (1)
2	1:05-1:25 PM	DCAA (3) UMLY (3)	NLAC (3) PFY (2) CBST (1)	RAC (6) GSA (1)	DSTV (3) DST (2) SKYBF (1)	RAYS (5) GAAC (2)	ECCC (2) HHAA (2) MAC (1) PDR (1)	WAC (5) BWA (1) BYNS (1)	PWAC (5) FCA (1) FSA (1)

Session 5 Warm-Up Schedule									
Saturday 11-14 Prelims (7:00/8:15 AM)									
Warm-Up Period	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	7:00-7:20 AM	JW (13)	JW (13)	JW (6) SVAC (4) FSSC (2)	B1ST (11) LIFE (2)	LAC (6) ORCA (5) BLUE (1)	NSC (10) SKYBF (2)	DSA (4) ECCC (4) DMAC (3) LMAC (1)	CC (8) SCAY (3) MVTS (1)
2	7:20-7:40 AM	UMLY (13)	MAC (5) DCAA (4) GSA (2) LMOR (1)	PDR (5) RAC (4) PENN (3)	EMAC (5) WCAY (4) SJAC (3)	RAYS (5) MSA (3) PWAC (4)	BYNS (5) PSC (5) STOIC (1) SOUD (1)	NPAC (8) FSA (2) WA (2)	SSC (9) DSTV (2) BHA (1)
3	7:40-8:00 AM	UDAC (13)	UN (5) UDAC (4) PCAC (3)	DST (13)	PFY (5) GAAC (4) DST (3)	CBR (8) WAC (3) BDA (1)	PAAC (7) CBST (5)	SEA (6) UPY (6)	PAY (7) BWA (5)

Session 6 Warm-Up Schedule									
Saturday 10&U Timed Finals (12:45/1:30 PM)									
Warm-Up Period	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	1:00-1:20 PM	JW (8)	NLAC (3) LAC (2) PFY (1) UPY (1)	UN (2) MSA (2) SSC (2) GSA (1)	B1ST (4) BLUE (1) SKYBF (1) SOUD (1)	LIFE (4) GAAC (2) VSS (1)	NSC (5) HAC (1) LMOR (1)	PAY (4) NPAC (2) PSC (1)	CC (5) SCAY (1) UDAC (1)
2	1:20-1:40 PM	DCAA (4) UMLY (3)	WCAY (6) CBST (1)	RAC (6) HHAA (2)	DSTV (5) DST (2)	RAYS (6) MAC (1)	BYNS (3) SEA (2) BWA (1) FCA (1)	ECCC (4) DMAC (2) FSA (1)	PWAC (7) PDR (1)

Session 8 Warm-Up Schedule									
Sunday 11-14 Prelims (7:00/8:15 AM)									
Warm-Up Period	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	7:00-7:20 AM	JW (14)	JW (14)	JW (12) FSSC (2)	B1ST (10) DSA (2) STOIC (2)	LAC (13) LIFE (1)	NSC (9) MSA (3) DMAC (2)	ECCC (13) BDA (1)	CC (8) SCAY (5) MVTs (1)
2	7:20-7:40 AM	UMLY (14)	UMLY (6) MAC (5) DCAA (3)	PDR (7) GSA (4) RAC (3)	EMAC (5) WCAY (5) PENN (3) LMOR (1)	SJAC (4) WEST (4) PWAC (4) SVAC (2)	PSC (6) RAYS (4) BYNS (3)	NPAC (8) BHA (6) BLUE (1)	SSC (9) DSTV (2) BSC (1) EAAC (1) LMAC (1)
3	7:40-8:00 AM	UDAC (14)	GAAC (5) PFY (5) UDAC (2) SKYBF (1)	DST (14) SOUD (1)	CBST (7) ORCA (6) DST (1)	CBR (10) UN (3) FCA (1)	PAAC (8) SEA (4) FSA (2)	WAC (7) UPY (6) WA (1)	PAY (6) BWA (5) PCAC (3)

Session 9 Warm-Up Schedule									
Sunday 10&U Timed Finals (12:45/1:30 PM)									
Warm-Up Period	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	12:45-1:05 PM	JW (9)	LAC (4) NLAC (3) WEST (1)	UN (3) EMAC (3) HHAA (2)	B1ST (5) GSA (1) HAC (1) SCAY (1)	NPAC (4) GAAC (2) LIFE (2)	NSC (5) PAAC (2) MSA (1)	ECCC (4) PAY (4)	CC (5) SSC (2) SOUD (1)
2	1:05-1:25 PM	UMLY (6) DCAA (3)	WCAY (5) FSSC (2) PFY (1)	RAC (8) LMOR (1)	DSTV (4) DST (2) BLUE (1) SKYBF (1)	RAYS (7) CBR (1) MAC (1)	BYNS (4) FCA (2) SEA (2)	WAC (5) DMAC (2) PSC (1)	PWAC (6) BWA (1) FSA (1) PDR (1)