

KAMEHAMEHA SWIM CLUB

East Side Practice Times - 2026-2027

Oahu Club

Group	Practice Time	Days
Jr Bronze	3:30-4:30 PM	Mon, Wed, Fri
Bronze I	3:30-4:30 PM	Mon, Wed, Fri
Bronze II	3:30-4:30 PM	Tue, Wed, Thu, Fri
Jr Silver I	3:30-5:00 PM	Mon, Tue, Thu, Fri
Jr Silver II	Mon, Thu, Fri: 3:30-5:30 PM Tue: 3:30-5:00 PM	Mon, Tue, Thu, Fri
Silver	Tue, Wed: 5:00-6:30 PM Fri: 4:30-6:00 PM	Tue, Wed, Fri
Jr Gold I	4:30-6:30 PM	Mon, Wed, Thu, Fri
Jr Gold II	4:30-6:30 PM	Mon-Fri
Gold I	4:30-6:30 PM	Mon-Fri
Gold II	4:00-6:30 PM	Mon-Fri
Senior	4:30-6:30 PM	Mon-Fri
Senior Elite	4:00-6:30 PM	Mon-Fri

- Weekday morning practices for Gold and Senior groups are listed on the team calendar.
- Saturday practices will be announced on the team calendar.

KAMEHAMEHA SWIM CLUB

West Side Practice Times - 2026-2027

Kamehameha Schools

Group	Practice Time	Days
Menehune	3:00-4:00 PM	Mon, Tue, Thu
Honu I	3:00-4:00 PM	Mon, Tue, Thu
Honu II	Mon, Tue, Thu: 3:00-4:00 PM Fri: 3:00-4:30 PM	Mon, Tue, Thu, Fri
Naia I	3:00-4:30 PM	Mon, Tue, Thu, Fri
Naia II	Mon, Thu, Fri: 3:00-5:00 PM Tue: 3:00-4:30 PM	Mon, Tue, Thu, Fri
Kaku I	4:00-6:00 PM	Mon, Tue, Thu, Fri
Kaku II	4:00-6:00 PM	Mon-Fri
Ulua	5:00-6:00 PM	Mon-Thu
Mano I	4:00-6:00 PM	Mon-Fri
Mano II	3:30-6:00 PM	Mon-Fri
National	4:00-6:00 PM	Mon-Fri
National Elite	4:00-6:00 PM	Mon-Fri

- Weekday morning practices for Mano and National groups are listed on the team calendar.
- Saturday practices will be announced on the team calendar.