

SVAC 2025-26 SWIMMER EQUIPMENT LIST

Below you will find a list of equipment needed for swimmers in each of the different groups with SVAC. Links are included as suggestions and examples – we suggest trying D&J Sports in Lewisburg first for your equipment needs, and if what you're looking for is unavailable, there are many different stores/websites to find gear.

The subtle differences between equipment options usually don't matter and are fine. If you're unsure about a piece of equipment, reach out to a coach or bring it by a practice so we can check for you!

ALL SWIMMERS WILL NEED A SOLID BLACK SUIT FOR MEETS.

Guppies:

[One piece](#) or [jammer](#)-style bathing suit

Towel

2-3 competition/practice goggles (not a mask)

2-3 caps

Water bottle for every practice

Bronze:

All of the above

[Long fins](#)

[Mesh bag](#) for storage of wet gear

Silver, Gold and Platinum:

All of the above (Platinum does not need long fins)

Snorkel

[Short fins](#) (similar to these - preferably open heel with a back strap)

Pull buoy

[Paddles](#)

Pull buoy

***Yoga mat is highly suggested for dryland for Gold and Platinum*

One of the most important things on this list is a water bottle - please ensure your swimmer comes to practice with something to drink! Water, Gatorade, etc. are all great options, and a reusable bottle with their name or some identifying feature on it is highly suggested. We want staying hydrated during a workout to be the standard for every group.