








2026 LMST Summer Practice Schedule - 6/8 - 7/17



Bronze

- Monday  5:40-6:40 PM
- Tuesday  5:40-6:40 PM
- Wednesday  N/A
- Thursday  5:40-6:40 PM
- Friday  N/A

Silver

- Monday  5:40-6:55 PM
- Tuesday  5:40-6:55 PM
- Wednesday  5:40-6:55 PM
- Thursday  5:40-6:55 PM
- Friday  9:30-11 AM




Gold

- Monday  5:40-7:10 PM
- Tuesday  5:40-7:10 PM
- Wednesday  5:40-7:10 PM
- Thursday  5:40-7:10 PM
- Friday  9:30-11 AM
- Saturday  TBA


Platinum

- Monday  5:25-7:10 PM
- Tuesday  5:25-7:10 PM
- Wednesday  4:30-5:25 PM (DRYLAND) & 5:25-7:10 PM
- Thursday  5:25-7:10 PM
- Friday  9:30-11 AM
- Saturday  TBA

Diamond

- Monday  2-4 PM & 4-5 PM (DRYLAND)
- Tuesday  6:15-7:45 AM & 2-4 PM
- Wednesday  2-4 PM
- Thursday  2-4 PM & 4-5 PM (DRYLAND)
- Friday  7:30-9:30 AM
- Saturday  TBA

Senior

- Monday  6:15-8:15 AM & 2-4 PM
- Tuesday  6:15-7:45 AM & 8:15-9:00 AM (DRYLAND)
- Wednesday  2-4 PM
- Thursday  6:15-8:15 AM & 2-4 PM
- Friday  7:30-9:30 AM & 9:30-10:30 AM (DRYLAND)
- Saturday  TBA