



# LAKE ERIE SILVER DOLPHINS

## WEEKLY UPDATE

October 23, 2026



### COMING UP — DON'T MISS!

- **October 24-** Coffee & Questions

- **October 30** - Braun Deadline

- **October 31** - Halloween

### INCLUDED IN THIS WEEK'S UPDATE

- October 25 Meet
- Upcoming Meets
- Team News & Announcements
- Commit & Past Updates
- Helpful Links



### Wolfpack & Dolphin Wild West Showdown



- **Wild West Showdown at Hawken!** LESD warm-up begins at 8:20 AM; racing starts at 9:45 AM.
- Heat Sheets will be sent Saturday
  - **IF PLANS HAVE CHANGED AND SWIMMER WON'T ATTEND PLEASE LET US KNOW SO WE CAN SCRATCH THEM**
- **Volunteers:** Please check your assigned job and report time in Commit.
- **Donations:** Drop off Saturday before noon or Sunday before warm-up.
- **Bring your team spirit!** Enjoy concessions, shop Speedo and LESD merchandise, and send your swimmer a **Lucky Duck** message!

[Meet Website](#)- ALL info

### UPCOMING MEETS

#### MARK J BRAUN INVITATIONAL

November 20-22 | University of Akron

Deadline: October 30

**ALL LESD swimmers and families encouraged to participate in some way**

#### DYNA EASTERN CLASSIC

January 15–17 | Atlanta, Georgia

A great opportunity for swimmers to race in a new setting and enjoy a weekend with teammates. There are qualifying times **Look for an email soon with meet details and next steps.**

Please review the meet information and **respond to your swimmer's invitation by the posted deadline**, even if they are unable to attend.

Questions about meet participation? Contact your swimmer's coach.- [Swim meet resources](#)

### TEAM NEWS & ANNOUNCEMENTS



#### COFFEE & QUESTIONS

**Saturday, October 24 | 10:15 AM Hawken School**

Join us for Coffee & Questions! An opportunity to connect, ask questions, and learn more about LESD.



#### LESD TEAM BREAKFAST!

**Saturday, December 12**

Mark your calendars for our LESD Team Breakfast! We look forward to bringing our swimmers and families together for some team fun.



#### FALL APPAREL ORDER

**CLOSES November 2**

Show your team spirit with special LESD apparel! Choose from pink and dark grey T-shirts, two pink hoodie options, and caps.

[View options and place your order here.](#)

*Every swimmer will receive a light grey T-shirt with a black logo and a red silicone cap. We apologize for the wait—the caps have been unexpectedly delayed.*



## Night at the Races

January 9, at 6:00 PM! Enjoy an adults-only evening of horse racing games, heavy appetizers, drinks, and a silent auction—all supporting LESD.

**Derby attire, hats, and fascinators encouraged!** Tickets are \$140 per couple, including heavy appetizers and two drink tickets. **Watch your inbox—ticket sales open soon!**



Donate a basket and earn volunteer hours! Contribute a themed gift basket or funds toward one.

Contact **Stephanie Miller** at [sbt1000v2@gmail.com](mailto:sbt1000v2@gmail.com) for details or questions



## 17 IMPORTANT DATES

|                                                    |                                               |                                                        |                                                |
|----------------------------------------------------|-----------------------------------------------|--------------------------------------------------------|------------------------------------------------|
| October 24<br>Coffee and Questions 10:15 Hawken    | October 25<br>LESD/LSSC Meet @ Hawken         | October 30<br>BRAUN Meet Registration Deadline         | <b>November 2</b><br>FALL Apparel Orders CLOSE |
| November 7 & 8<br>Splash Out Cancer @ Strongsville | November 14*<br>Braun Meet Job Sign Up Closes | November 20-22<br>BRAUN Fall Classic Meet @ U of Akron | <b>November 23</b><br>NO LESD Practice         |
| December 12<br>Team Breakfast                      | December 20<br>LESD/LSSC Meet @ Rocky River   | <b>December 21-27</b><br>LESD Winter Break             | Jan 9<br>Parent Event                          |

\* will be posted when available

## NEW TO LESD or COMMIT

The **Commit Swimming – Team App** is one of the easiest ways to stay connected and manage your swimmer throughout the season

- Receive team communications and notifications
- Register swimmers for meets and events
- Review meet entries and swimmer information
- Review billing

[Review the LESD Quick Guide to Commit](#)



## WEEKLY UPDATES

Weekly Updates include important information about **meets, schedules, deadlines, volunteer opportunities, team events, and more.**

[VIEW PAST UPDATES HERE](#)

## HELPFUL LINKS



- [LESD Website](#)
- [Practice Schedule Page](#)
- [Meet Schedule](#)
- [Swim Meet Resources](#)
- [Parent Resources](#)
- [Share Photos with LESD](#)
- [SDSA Group Lesson Registration](#)

## STAY CONNECTED

**General team questions:** [Lakeeriesilverdolphins@gmail.com](mailto:Lakeeriesilverdolphins@gmail.com)

**Coaches:** can be messaged through Commit

**Follow us on Social Media**

- Facebook: Lake Erie Silver Dolphins
- Instagram: @lesd.swimming