

VERNON HILLS TURTLES SWIM TEAM

TURTLE NEWS

April 27, 2026

Issue #27



Latest Swim Team News

Join the GroupME Announcement Chat

We will use a GroupMe account to notify you more quickly about the schedule and important notices, and to share urgent information here. Please use the link or QR code to request to join.

https://groupme.com/join_group/114251131/BvofUnm8



Upcoming Meets

- Nasa Spring Blast Off

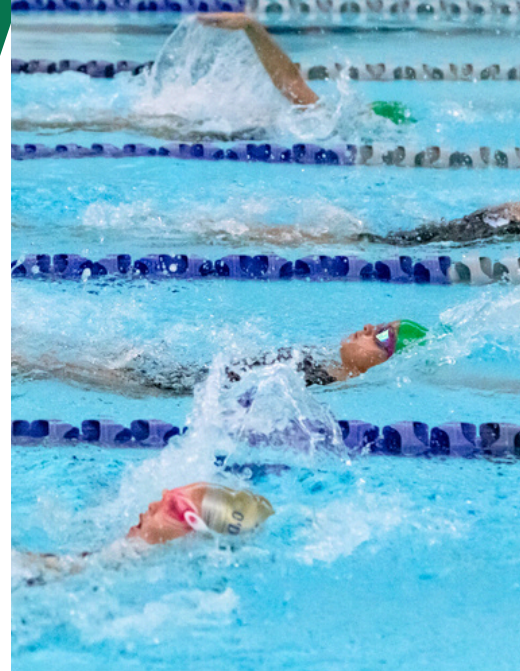


Open Meet Registration

- Spring Fling
- LFSC Swim FEST
- Rec Meet - McHenry
- Coho Summer Classic
- Rec Meet - Park Ridge
- Aligator Summer Splash
- North Shore Open

A Couple of Housekeeping Import Notices

- If you need to ask your coach a quick question, please do so either before or after practice. If you'd like to discuss further, please email your coach to schedule a time to talk about your questions.
- We kindly request that you upload a face profile picture of your child to their account. This enhancement will help our coaches learn each swimmer's name more efficiently and contribute to more accurate attendance records. To complete this process, please follow these steps:
 1. Navigate to your swimmer's on the left menu, click on it
 2. Select the swimmer
 3. Click the camera icon next to their name to upload a photograph.
- If you have not yet provided your payment method, please complete this step promptly. Failure to provide this information will result in the exclusion of your swimmer from all upcoming swim meets.
- If you need help with Commit Swimming, please consult the **parent help section** first, which provides step-by-step videos on all topics. If you still require assistance, you can email Coach Enrico at **enricom@vhparkdistrict.org**



(847) 996 6800



Enricom@vhparkdistrict.org



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vhturtlesswimteam.org

VHPARKDISTRICT.org

Swim Schedule This Week

Below is the tentative schedule for this week. Any changes will be communicated via GroupMe & Commit Swimming and will be reflected on the Commit Swimming Calendar.

	Bronze	Silver	Gold	Green	Green Dryland
Monday		Swimming Silver 6:00 - 7:15 pm VHHS	Swimming 7:15 - 8:45pm VHHS	Swimming 7:15 - 9:15pm VHHS	6:15-7:00 pm VHHS
Tuesday	5:00-6:00 pm Lakeview	NO SWIMMING Due to water polo	Swimming 7:30 - 8:45pm VHHS	Swimming 7:30 - 9:15pm VHHS	
Wednesday		Swim Silver 6:00 - 7:00 pm Lakeview Swim Silver comp 7:00 - 8:00pm Lakeview	DRYLAND FOR GOLD & GREEN 6:15 - 7:15 PM VHHS		
Thursday	5:00-6:00 pm Lakeview	Swimming Silver 6:00 - 7:15 pm VHHS	Swimming 7:15 - 8:45pm VHHS	Swimming 7:15 - 9:15pm VHHS	
Friday			No Swimming Due to Water polo game	No Swimming Due to Water polo game	
Saturday					7:30-8:30pm VHHS