



LAKE ERIE SILVER DOLPHINS

WEEKLY UPDATE

October 16, 2026



COMING UP — DON'T MISS!

- **October 22-** Job Sign Up closes

- **October 24-** Coffee and Questions

- **October 25-** Meet @ Hawken

INCLUDED IN THIS WEEK'S UPDATE

- Upcoming Meets
- Team News & Announcements
- Silver Dolphins Swim Academy
- Important Dates
- Commit & Past Updates
- Helpful Links

✨ CELEBRATING TWO YEARS WITH DOUG! ✨

October 15 marked Doug's two-year anniversary with LESD! Over the past two years, Doug has helped build a team culture centered on hard work, growth, and supporting one another.

Doug shared a special message reflecting on his journey, our swimmers, and the LESD community. [READ DOUG'S ANNIVERSARY MESSAGE](#)

Thank you, Doug, for your leadership and dedication to LESD!

UPCOMING MEETS

STEVIE GRIESHAMMER MEET- October 18

Good luck to all our LESD swimmers competing this weekend! Families can find meet information, heat sheets, and other available documents under the meet in Commit. **Swim fast and have fun!**

LESD AND LSSC MEET

October 25 | Hawken

Deadline: CLOSED

MARK J BRAUN INVITATIONAL

November 20-22 | University of Akron

Deadline: October 30

ALL LESD swimmers and families encouraged to participate in some way

Please review the meet information and **respond to your swimmer's invitation by the posted deadline**, even if they are unable to attend.

Questions about meet participation? Contact your swimmer's coach.- [Swim meet resources](#)

TEAM NEWS & ANNOUNCEMENTS



COFFEE & QUESTIONS

Saturday, October 24 | 10:15 AM Hawken School

Join us for Coffee & Questions! An opportunity to connect, ask questions, and learn more about LESD.



LESD TEAM BREAKFAST! ☕

Saturday, December 12

Mark your calendars for our LESD Team Breakfast! We look forward to bringing our swimmers and families together for some team fun.



FALL APPAREL & NEW LESD STORE

COMING SOON!

Get ready to show your LESD pride! Our Fall Apparel Order Form (T-shirts, sweatshirts, and caps) and our NEW LESD Online Store are coming soon! **Keep an eye out for ordering details next week!**



NIGHT AT THE RACES!

Saturday, January 9, 2027

Mark your calendars for a fun, adults-only evening with LESD families! Join us for horse racing, basket raffles, and a great night of fun while supporting our team.

SILVER DOLPHINS SWIM ACADEMY (SDSA)

Did you know LESD offers swim lessons?

SDSA offers group lessons for swimmers of varying ages and abilities, focusing on water safety, skill development, and confidence in the water. Late Fall Session will run: November 9 – December 19. New swimmers should schedule an evaluation to help determine the best class placement.

[COMPLETE THE SWIMMER EVALUATION FORM](#)

Know a family interested in swim lessons? Help us spread the word!

July
17

IMPORTANT DATES

OCT. 18 Stevie Meet @ CSU	OCT 22 Oct 25 Meet Job Sign ups Close How to Sign Up for Jobs	Oct 24. Coffee and Questions 10:15 Hawken	OCT. 25 LESD/LSSC Meet @ Hawken
October 30 BRAUN Meet Registration Deadline	November 14* Braun Meet Job Sign Up Closes	November 20-22 BRAUN Fall Classic Meet @ U of Akron	November 23 NO LESD Practice
December 12 Team Breakfast	December 20 LESD/LSSC Meet @ Rocky River	December 21-27 LESD Winter Break	Jan 9 Parent Event

* will be posted when available

NEW TO LESD or COMMIT

The **Commit Swimming – Team App** is one of the easiest ways to stay connected and manage your swimmer throughout the season

- Receive team communications and notifications
- Register swimmers for meets and events
- Review meet entries and swimmer information
- Review billing

[Review the LESD Quick Guide to Commit](#)



WEEKLY UPDATES

Weekly Updates include important information about **meets, schedules, deadlines, volunteer opportunities, team events, and more.**

[VIEW PAST UPDATES HERE](#)

HELPFUL LINKS

- [LESD Website](#)
- [Practice Schedule Page](#)
- [Meet Schedule](#)
- [Swim Meet Resources](#)
- [Parent Resources](#)
- [Share Photos with LESD](#)
- [SDSA Group Lesson Registration](#)



STAY CONNECTED

General team questions: Lakeeriesilverdolphins@gmail.com

Coaches: can be messaged through Commit

Follow us on Social Media

- Facebook: Lake Erie Silver Dolphins
- Instagram: @lesd.swimming