



Ft. Meigs YMCA Stingrays Swim Team



Spring Practice Schedule

April 20 - May 31, 2026

Group	Times	Days	Pool
Gold	4:00 - 5:30 PM	Mon - Fri	Ft. Meigs YMCA
Green	6:30 - 7:45 PM	Mon & Wed	Ft. Meigs YMCA
	5:30 - 6:45 PM	Tues, Thurs, Fri	Ft. Meigs YMCA
Silver A	4:00 - 5:30 PM	Mon - Fri	Ft. Meigs YMCA
Gold, Silver, & Green See below for Mondays and Wednesdays at BGSU in May.			
Silver B	4:00 - 5:15 PM	Mon - Fri	Ft. Meigs YMCA
Purple	6:30 - 7:30 PM	Mon - Thurs	Ft. Meigs YMCA
	5:30 - 6:30 PM	Fri	Ft. Meigs YMCA
Blue	5:30 - 6:30 PM	Mon - Thurs	Ft. Meigs YMCA
Red	5:30 - 6:30 PM	Mon, Wed, Fri	Ft. Meigs YMCA
Pink	4:30 - 5:15 PM	Mon, Wed, Fri	Ft. Meigs YMCA

USA Swimmers - May 4 - 27, 2026

Group	Times	Days	Pool
Gold, Silver A	5:30 - 7:00 PM	Mon & Wed	BGSU Long Course
Green	5:30 - 6:30 PM	Mon & Wed	BGSU Long Course
Gold & Silver A can choose either Ft. Meigs or BG practices on Mon & Wed.			
Green will only have practice at BGSU on Mon & Wed. Green swimmers can swim with Purple Mon & Wed if needed.			

Summer Practice Schedule

June 3 - End of Season

Gold & Silver A	8:00 - 10:00 AM	Mon - Fri	East YMCA
See Dave If You are interested in Afternoon Practices in addition to mornings. Must be in HS in the fall.			
Green	8:00 - 9:30 AM	Mon - Fri	East YMCA
Silver B	8:00 - 9:30 AM	Mon - Fri	East YMCA
Purple	2:00 - 3:00 PM	Mon & Wed	Ft. Meigs YMCA
	9:00 - 10:00 AM	Thurs & Fri	East YMCA
Blue	1:00 - 2:00 PM	Mon, Wed, Thurs	Ft. Meigs YMCA
Red	11:00 - 12:00 PM	Mon, Wed, Thurs	Ft. Meigs YMCA
Pink	12:00 - 1:00 PM	Mon, Wed, Thurs	Ft. Meigs YMCA

We will have dual meets most Tuesday afternoons.